



JUBILEE LIVE FREE RACE 2026 POWERED BY THE GRAND NAIROBI BIKE RACE

UNDER-23 MEN RACE RESULTS

RANK	Bib	Name	Surname	Gender	Category	#	Wave	Start raw time	Start net time	Start.toficial	Start.treal	Finish.treal	Tag	Split 1.toficial	Split 1.treal	Finish.toficial	Split 2.toficial	Split 2.treal	Start Time	Start Time Mode	Finish.avg	Finish.netavg
1	1106	Mugalu	Shafik	Male	Under 23	106	Main Race Wave Elite	40:22.7	00:00:54	00:00:54	00:00:00	01:41:35	1106	00:40:31	00:39:37	01:42:30	01:30:16	01:29:22	39:28.2	Wave	1'19"/Km	1'18"/Km
2	1105	Lorot	Lawrence	Male	Under 23	105	Main Race Wave Elite	40:17.5	00:00:49	00:00:49	00:00:00	01:42:16	1105	00:40:56	00:40:06	01:43:06	01:30:52	01:30:02	39:28.2	Wave	1'19"/Km	1'18"/Km
3	1124	Kaga	Hatim	Male	Under 23	124	Main Race Wave Elite	40:11.3	00:00:43	00:00:43	00:00:00	01:42:31	1124	00:40:59	00:40:16	01:43:14	01:30:58	01:30:15	39:28.2	Wave	1'19"/Km	1'19"/Km
4	2440	Paul	Miir	Male	Under 23	140	Main Race Wave Elite	40:11.5	00:00:43	00:00:43	00:00:00	01:42:31	3399	00:40:57	00:40:14	01:43:14	01:30:52	01:30:09	39:28.2	Wave	1'19"/Km	1'19"/Km
5	1092	Samuel	Njau	Male	Under 23	92	Main Race Wave Elite	40:07.8	00:00:39	00:00:39	00:00:00	01:42:36	1092	00:40:58	00:40:19	01:43:16	01:30:58	01:30:19	39:28.2	Wave	1'19"/Km	1'19"/Km
6	1028	Davis	Kama	Male	Under 23	28	Main Race Wave Elite	40:05.3	00:00:37	00:00:37	00:00:00	01:42:37	1028	00:41:00	00:40:23	01:43:14	01:30:57	01:30:20	39:28.2	Wave	1'19"/Km	1'19"/Km
7	1074	Duncan	Rutto	Male	Under 23	74	Main Race Wave Elite	40:06.8	00:00:38	00:00:38	00:00:00	01:42:38	1074	00:40:58	00:40:19	01:43:17	01:30:56	01:30:18	39:28.2	Wave	1'19"/Km	1'19"/Km
8	1078	Billygraham	Mangwana	Male	Under 23	78	Main Race Wave Elite	39:55.6	00:00:27	00:00:27	00:00:00	01:42:38	1078	00:40:57	00:40:29	01:43:06	01:30:53	01:30:26	39:28.2	Wave	1'19"/Km	1'19"/Km
9	1114	Biyinzika	Davis	Male	Under 23	114	Main Race Wave Elite	40:02.9	00:00:34	00:00:34	00:00:00	01:42:40	1114	00:40:59	00:40:24	01:43:15	01:30:53	01:30:19	39:28.2	Wave	1'19"/Km	1'19"/Km
10	1067	Lobo	Michael	Male	Under 23	67	Main Race Wave Elite	40:01.6	00:00:33	00:00:33	00:00:00	01:42:41	1067	00:40:58	00:40:25	01:43:15	01:30:57	01:30:23	39:28.2	Wave	1'19"/Km	1'19"/Km
11	1079	Dan	Kiptala	Male	Under 23	79	Main Race Wave Elite	40:00.1	00:00:31	00:00:31	00:00:00	01:42:43	1079	00:40:57	00:40:25	01:43:15	01:30:55	01:30:23	39:28.2	Wave	1'19"/Km	1'19"/Km
10	2334	Ian	Kipchirchir	Male	Under 23	332	Main Race Wave Elite	39:58.7	00:00:30	00:00:30	00:00:00	01:42:45	2334	00:40:57	00:40:27	01:43:15	01:30:58	01:30:27	39:28.2	Wave	1'19"/Km	1'19"/Km
12	1072	Edwin	Kandie	Male	Under 23	72	Main Race Wave Elite	39:58.5	00:00:30	00:00:30	00:00:00	01:42:45	1072	00:40:58	00:40:28	01:43:15	01:30:56	01:30:26	39:28.2	Wave	1'19"/Km	1'19"/Km
13	1056	Brian	Kipkemboi	Male	Under 23	56	Main Race Wave Elite	39:58.7	00:00:30	00:00:30	00:00:00	01:42:46	1056	00:40:59	00:40:28	01:43:16	01:30:58	01:30:28	39:28.2	Wave	1'19"/Km	1'19"/Km
14	1081	Arif	Mohamed	Male	Under 23	81	Main Race Wave Elite	39:57.3	00:00:29	00:00:29	00:00:00	01:42:46	1081	00:40:59	00:40:30	01:43:15	01:30:57	01:30:28	39:28.2	Wave	1'19"/Km	1'19"/Km
15	1110	Wasswa	Hassan	Male	Under 23	110	Main Race Wave Elite	39:58.0	00:00:29	00:00:29	00:00:00	01:42:48	1110	00:40:59	00:40:29	01:43:17	01:30:58	01:30:28	39:28.2	Wave	1'19"/Km	1'19"/Km
16	1128	Nsubuga	Huzair	Male	Under 23	128	Main Race Wave Elite	39:59.7	00:00:31	00:00:31	00:00:00	01:42:50	1128	00:40:58	00:40:26	01:43:22	01:30:57	01:30:26	39:28.2	Wave	1'19"/Km	1'19"/Km
17	1041	Michael	Maina	Male	Under 23	41	Main Race Wave Elite	40:06.6	00:00:38	00:00:38	00:00:00	01:44:47	1041	00:38:42	00:38:03	01:45:26	01:29:26	01:28:48	39:28.2	Wave	1'21"/Km	1'20"/Km
18	1075	Stephen	Kamau	Male	Under 23	75	Main Race Wave Elite	40:06.7	00:00:38	00:00:38	00:00:00	01:44:47	1075	00:40:59	00:40:21	01:45:26	01:31:58	01:31:19	39:28.2	Wave	1'21"/Km	1'20"/Km
19	1115	Lutaaya	Francis	Male	Under 23	115	Main Race Wave Elite	40:03.3	00:00:35	00:00:35	00:00:00	01:44:47	1115	00:41:00	00:40:25	01:45:22	01:31:58	01:31:23	39:28.2	Wave	1'21"/Km	1'20"/Km
20	1091	Geoffrey	Chege	Male	Under 23	91	Main Race Wave Elite	39:55.4	00:00:27	00:00:27	00:00:00	01:44:55	1091	00:40:57	00:40:30	01:45:23	01:31:02	01:30:35	39:28.2	Wave	1'21"/Km	1'20"/Km
21	1073	Losike	Lochap	Male	Under 23	73	Main Race Wave Elite	40:12.0	00:00:43	00:00:43	00:00:00	01:45:29	1073	00:40:58	00:40:14	01:46:13	01:31:57	01:31:13	39:28.2	Wave	1'21"/Km	1'21"/Km
22	1122	Mutebi	Reagan	Male	Under 23	122	Main Race Wave Elite	40:21.6	00:00:53	00:00:53	00:00:00	01:46:13	1122	00:40:59	00:40:06	01:47:06	01:32:48	01:31:54	39:28.2	Wave	1'22"/Km	1'21"/Km
23	1120	Jjuko	Goodluck	Male	Under 23	120	Main Race Wave Elite	39:59.7	00:00:31	00:00:31	00:00:00	01:46:34	1120	00:40:59	00:40:28	01:47:05	01:32:48	01:32:17	39:28.2	Wave	1'22"/Km	1'22"/Km
24	1038	Jeremiah	Gikeno	Male	Under 23	38	Main Race Wave Elite	40:24.0	00:00:55	00:00:55	00:00:00	01:47:26	1038	00:40:59	00:40:03	01:48:22	01:33:27	01:32:31	39:28.2	Wave	1'23"/Km	1'22"/Km
25	1070	Bob	Kariuki	Male	Under 23	70	Main Race Wave Elite	39:56.6	00:00:28	00:00:28	00:00:00	01:48:07	1070	00:40:57	00:40:29	01:48:36	01:33:26	01:32:58	39:28.2	Wave	1'23"/Km	1'23"/Km
26	1042	Josphat	Kamuri	Male	Under 23	42	Main Race Wave Elite	40:00.9	00:00:32	00:00:32	00:00:00	01:49:14	1042	00:40:59	00:40:26	01:49:47	01:32:28	01:31:55	39:28.2	Wave	1'24"/Km	1'24"/Km
27	2450	Frankline	Kibet	Male	Under 23	141	Main Race Wave Elite	40:35.7	00:01:07	00:01:07	00:00:00	01:50:57	1954	00:43:44	00:42:36	01:52:05	01:38:41	01:37:34	39:28.2	Wave	1'26"/Km	1'25"/Km
28	1012	Isaac	Njoroge	Male	Under 23	12	Main Race Wave Elite	40:14.7	00:00:46	00:00:46	00:00:00	01:51:14	1012	00:43:44	00:42:58	01:52:00	01:38:42	01:37:55	39:28.2	Wave	1'26"/Km	1'25"/Km
29	1118	Musika	Elijah	Male	Under 23	118	Main Race Wave Elite	40:14.6	00:00:46	00:00:46	00:00:00	01:51:20	1118	00:43:43	00:42:56	01:52:06	01:38:40	01:37:54	39:28.2	Wave	1'26"/Km	1'25"/Km
30	1108	Kelvin	Kamore	Male	Under 23	108	Main Race Wave Elite	39:57.2	00:00:29	00:00:29	00:00:00	01:51:37	1108	00:43:44	00:43:15	01:52:07	01:38:41	01:38:12	39:28.2	Wave	1'26"/Km	1'26"/Km
31	1077	Stanley	Ngugi	Male	Under 23	77	Main Race Wave Elite	39:57.0	00:00:28	00:00:28	00:00:00	01:51:38	1077	00:43:45	00:43:16	01:52:07	01:38:43	01:38:14	39:28.2	Wave	1'26"/Km	1'26"/Km
32	1013	Dennis	Ouma	Male	Under 23	13	Main Race Wave Elite	40:06.0	00:00:37	00:00:37	00:00:00	01:55:34	1013	00:43:43	00:43:05	01:56:11	01:41:06	01:40:29	39:28.2	Wave	1'29"/Km	1'29"/Km
33	1094	Ryan	Kamau	Male	Under 23	94	Main Race Wave Elite	39:56.7	00:00:28	00:00:28	00:00:00	01:55:43	1094	00:43:44	00:43:16	01:56:12	01:40:50	01:40:22	39:28.2	Wave	1'29"/Km	1'29"/Km
34	1116	Kirangwa	Ronald	Male	Under 23	116	Main Race Wave Elite	40:05.5	00:00:37	00:00:37	00:00:00	01:56:33	1116	00:45:02	00:44:24	01:57:10	01:42:59	01:42:22	39:28.2	Wave	1'30"/Km	1'29"/Km
35	1111	Nsuboggoza	Andrew	Male	Under 23	111	Main Race Wave Elite	40:00.4	00:00:32	00:00:32	00:00:00	01:56:35	1111	00:44:36	00:44:03	01:57:07	01:43:01	01:42:29	39:28.2	Wave	1'30"/Km	1'29"/Km
36	1014	Griffin	Eto	Male	Under 23	14	Main Race Wave Elite	40:01.6	00:00:33	00:00:33	00:00:00	01:56:37	1014	00:45:01	00:44:28	01:57:11	01:42:59	01:42:26	39:28.2	Wave	1'30"/Km	1'29"/Km
37	1016	Joshua	Munyonye	Male	Under 23	16	Main Race Wave Elite	40:01.7	00:00:33	00:00:33	00:00:00	01:56:40	1016	00:44:58	00:44:25	01:57:13	01:43:01	01:42:27	39:28.2	Wave	1'30"/Km	1'29"/Km
38	1035	Kambale	Vanny	Male	Under 23	35	Main Race Wave Elite	40:04.8	00:00:36	00:00:36	00:00:00	01:56:40	1035	00:45:01	00:44:25	01:57:16	01:43:00	01:42:23	39:28.2	Wave	1'30"/Km	1'29"/Km
39	1043	Gabriel	Magai	Male	Under 23	43	Main Race Wave Elite	40:28.3	00:01:00	00:01:00	00:00:00	01:58:18	1043	00:44:16	00:43:16	01:59:18	01:42:07	01:41:07	39:28.2	Wave	1'32"/Km	1'31"/Km
40	1080	Muhammad Amin	Nazim Uddin	Male	Under 23	80	Main Race Wave Elite	40:02.1	00:00:33	00:00:33	00:00:00	01:58:44	1080	00:45:46	00:45:12	01:59:18	01:45:39	01:45:05	39:28.2	Wave	1'32"/Km	1'31"/Km
41	1019	Joshua	Bunkowske	Male	Under 23	19	Main Race Wave Elite	39:55.8	00:00:27	00:00:27	00:00:00	01:58:49	1019	00:45:46	00:45:19	01:59:17	01:45:01	01:44:33	39:28.2	Wave	1'32"/Km	1'31"/Km
42	1046	Jordan	Clement	Male	Under 23	46	Main Race Wave Elite	40:34.7	00:01:06	00:01:06	00:00:00	01:59:26	1046	00:43:40	00:42:34	02:00:33	01:43:50	01:42:43	39:28.2	Wave	1'32"/Km	1'32"/Km
43	1064	John	Nguyo	Male	Under 23	64	Main Race Wave Elite	40:27.0	00:00:58	00:00:58	00:00:00	01:59:33	1064	00:48:00	00:47:01	02:00:32	01:46:51	01:45:53	39:28.2	Wave	1'32"/Km	1'32"/Km
44	1137	Kayongo	Joshua	Male	Under 23	137	Main Race Wave Elite	40:12.9	00:00:44	00:00:44	00:00:00	01:59:48	1137	00:43:44	00:42:59	02:00:33	01:46:21	01:45:37	39:28.2	Wave	1'32"/Km	1'32"/Km
45	1053	Gatu	Gacheru	Male	Under 23	53	Main Race Wave Elite	39:59.9	00:00:31	00:00:31	00:00:00	02:00:04	1053	00:46:21	00:45:49	02:00:36	01:46:44	01:46:12	39:28.2	Wave	1'33"/Km	1'32"/Km
46	1045	Emmanuel	Makui	Male	Under 23	45	Main Race Wave Elite	40:31.4	00:01:03	00:01:03	00:00:00	02:01:17	1045	00:47:59	00:46:56	02:02:21	01:45:26	01:44:23	39:28.2	Wave	1'34"/Km	1'33"/Km
47	1062	Jared	Otieno	Male	Under 23	62	Main Race Wave Elite	40:16.1	00:00:47	00:00:47	00:00:00	02:01:46	1062	00:42:25	00:41:37	02:02:34	01:42:26	01:41:38	39:28.2	Wave	1'34"/Km	1'33"/Km
48	1088	Othman	Bhura	Male	Under 23	88	Main Race Wave Elite	40:00.3	00:00:32	00:00:32	00:00:00	02:01:54	1088	00:43:44	00:43:12	02:02:26	01:47:20	01:46:47	39:28.2	Wave	1'34"/Km	1'34"/Km
49	1044	Emma	Ngong	Male	Under 23	44	Main Race Wave Elite	40:37.8	00:01:09	00:01:09												

52	1135	Elvis	Ahereza	Male	Under 23	135	Main Race Wave Elite	40:10.8	00:00:42	00:00:42	00:00:00	02:03:16	1135	00:46:20	00:45:38	02:03:59	01:48:06	01:47:23	39:28.2	Wave	1'35"/Km	1'35"/Km
RANK	Bib	Name	Surname	Gender	Category	#	Wave	Start raw time	Start net time	Start.toficial	Start.treal	Finish.treal	Tag	Split 1.toficial	Split 1.treal	Finish.toficial	Split 2.toficial	Split 2.treal	Start Time	Start Time Mode	Finish.avg	Finish.netavg
53	1050	Ken	Muchiri	Male	Under 23	50	Main Race Wave Elite	40:26.6	00:00:58	00:00:58	00:00:00	02:04:20	1050	00:49:16	00:48:18	02:05:18	01:47:19	01:46:20	39:28.2	Wave	1'36"/Km	1'35"/Km
54	1022	Moffat	Mutisa	Male	Under 23	22	Main Race Wave Elite	40:46.7	00:01:18	00:01:18	00:00:00	02:04:26	1022	00:48:53	00:47:35	02:05:45	01:51:09	01:49:50	39:28.2	Wave	1'36"/Km	1'35"/Km
55	1002	Murehia	King'ori	Male	Under 23	2	Main Race Wave Elite	40:30.0	00:01:01	00:01:01	00:00:00	02:04:39	1002	00:47:59	00:46:57	02:05:41	01:50:55	01:49:54	39:28.2	Wave	1'36"/Km	1'36"/Km
56	1076	Isaac	Kipkemoi	Male	Under 23	76	Main Race Wave Elite	40:09.5	00:00:41	00:00:41	00:00:00	02:05:02	1076	00:49:31	00:48:50	02:05:44	01:50:28	01:49:46	39:28.2	Wave	1'36"/Km	1'36"/Km
57	1136	Trevor	Nkwanga	Male	Under 23	136	Main Race Wave Elite	39:58.0	00:00:29	00:00:29	00:00:00	02:08:44	1136	00:47:29	00:46:59	02:09:14	01:52:30	01:52:00	39:28.2	Wave	1'39"/Km	1'39"/Km
58	1015	Antony	Kipruto	Male	Under 23	15	Main Race Wave Elite	40:13.9	00:00:45	00:00:45	00:00:00	02:08:48	1015	00:49:32	00:48:46	02:09:34	01:53:37	01:52:51	39:28.2	Wave	1'39"/Km	1'39"/Km
59	1082	Yusri	Sabry	Male	Under 23	82	Main Race Wave Elite	39:56.3	00:00:28	00:00:28	00:00:00	02:09:51	1082	00:47:59	00:47:31	02:10:19	01:52:53	01:52:25	39:28.2	Wave	1'40"/Km	1'40"/Km
60	1057	Caleb	Wekesa	Male	Under 23	57	Main Race Wave Elite	40:56.1	00:01:27	00:01:27	00:00:00	02:10:02	1057	00:50:37	00:49:09	02:11:30	01:55:23	01:53:55	39:28.2	Wave	1'41"/Km	1'40"/Km
61	1083	Austin	Waithaka	Male	Under 23	83	Main Race Wave Elite	40:30.1	00:01:01	00:01:01	00:00:00	02:10:05	1083	00:50:36	00:49:34	02:11:07	01:55:24	01:54:22	39:28.2	Wave	1'41"/Km	1'40"/Km
62	1029	Gideon	Kamara	Male	Under 23	29	Main Race Wave Elite	40:35.9	00:01:07	00:01:07	00:00:00	02:10:20	1029	00:48:08	00:47:00	02:11:28	01:52:24	01:51:16	39:28.2	Wave	1'41"/Km	1'40"/Km
63	1007	Raymond	Mbutura	Male	Under 23	7	Main Race Wave Elite	40:20.3	00:00:52	00:00:52	00:00:00	02:10:37	1007	00:50:36	00:49:44	02:11:29	01:56:18	01:55:26	39:28.2	Wave	1'41"/Km	1'40"/Km
64	1138	Francis	Kyalo	Male	Under 23	138	Main Race Wave Elite	40:05.9	00:00:37	00:00:37	00:00:00	02:10:49	1138	00:50:31	00:49:53	02:11:27	01:56:05	01:55:27	39:28.2	Wave	1'41"/Km	1'40"/Km
65	1018	Grivine	Mugenyia	Male	Under 23	18	Main Race Wave Elite	41:55.2	00:02:27	00:02:27	00:00:00	02:10:54	1018	00:50:39	00:48:12	02:13:21	01:54:24	01:51:57	39:28.2	Wave	1'42"/Km	1'40"/Km
66	1089	Yakub	Mohamed	Male	Under 23	89	Main Race Wave Elite	40:00.3	00:00:32	00:00:32	00:00:00	02:11:33	1089	00:51:19	00:50:47	02:12:05	01:57:07	01:56:35	39:28.2	Wave	1'41"/Km	1'41"/Km
67	1025	Morris	Mugo	Male	Under 23	25	Main Race Wave Elite	40:01.6	00:00:33	00:00:33	00:00:00	02:12:44	1025	00:48:00	00:47:27	02:13:17	01:55:21	01:54:47	39:28.2	Wave	1'42"/Km	1'42"/Km
68	1127	Tumwesigye	Geofrey	Male	Under 23	127	Main Race Wave Elite	40:41.7	00:01:13	00:01:13	00:00:00	02:13:27	1127	00:52:56	00:51:42	02:14:41	01:59:03	01:57:50	39:28.2	Wave	1'43"/Km	1'42"/Km
69	1121	Ssentongo	Abdallah	Male	Under 23	121	Main Race Wave Elite	40:00.9	00:00:32	00:00:32	00:00:00	02:14:24	1121	00:49:38	00:49:05	02:14:57	01:56:06	01:55:33	39:28.2	Wave	1'44"/Km	1'43"/Km
70	1006	Stephen	Wambua	Male	Under 23	6	Main Race Wave Elite	40:45.3	00:01:17	00:01:17	00:00:00	02:15:45	1006	00:52:16	00:50:59	02:17:02	01:59:51	01:58:34	39:28.2	Wave	1'45"/Km	1'44"/Km
71	1055	Alvis	Kimani	Male	Under 23	55	Main Race Wave Elite	40:24.9	00:00:56	00:00:56	00:00:00	02:23:33	1055	00:56:06	00:55:10	02:24:30	02:07:06	02:06:10	39:28.2	Wave	1'51"/Km	1'50"/Km
72	1033	Mark	Kinyua	Male	Under 23	33	Main Race Wave Elite	40:19.5	00:00:51	00:00:51	00:00:00	02:29:51	1033	00:57:13	00:56:22	02:30:42	02:11:22	02:10:31	39:28.2	Wave	1'56"/Km	1'55"/Km
73	1060	Sheldon	Duke	Male	Under 23	60	Main Race Wave Elite	40:13.7	00:00:45	00:00:45	00:00:00	02:30:17	1060	01:07:51	01:07:05	02:31:02	02:11:54	02:11:09	39:28.2	Wave	1'56"/Km	1'55"/Km
74	1024	Anthony	Kabuthu	Male	Under 23	24	Main Race Wave Elite	40:22.9	00:00:54	00:00:54	00:00:00	02:31:14	1024	00:53:29	00:52:34	02:32:08	02:13:14	02:12:19	39:28.2	Wave	1'57"/Km	1'56"/Km
75	1087	Philip	Akala	Male	Under 23	87	Main Race Wave Elite	40:14.6	00:00:46	00:00:46	00:00:00	02:37:04	1087	00:52:20	00:51:33	02:37:51	02:13:40	02:12:54	39:28.2	Wave	2'01"/Km	2'01"/Km
76	1026	Kelvine	Kamau	Male	Under 23	26	Main Race Wave Elite	42:51.4	00:03:23	00:03:23	00:00:00	02:47:29	1026	01:00:03	00:56:40	02:50:52	02:29:27	02:26:04	39:28.2	Wave	2'11"/Km	2'09"/Km
77	1011	Markspeence	Kiptoo Mursi	Male	Under 23	11	Main Race Wave Elite	40:18.2	00:00:50	00:00:50	00:00:00	02:49:21	1011	00:58:47	00:57:57	02:50:11	02:26:16	02:25:26	39:28.2	Wave	2'11"/Km	2'10"/Km
78	1093	Jaden	Kiplagat	Male	Under 23	93	Main Race Wave Elite	40:30.2	00:01:02	00:01:02	00:00:00	02:49:44	1093	01:05:46	01:04:44	02:50:46	02:28:31	02:27:29	39:28.2	Wave	2'11"/Km	2'10"/Km
79	1065	Lucius	Tumelo	Male	Under 23	65	Main Race Wave Elite	40:53.4	00:01:25	00:01:25	00:00:00	02:55:00	1065	01:03:39	01:02:14	02:56:25	02:33:14	02:31:48	39:28.2	Wave	2'16"/Km	2'14"/Km
80	1020	Mburu	Kiarie	Male	Under 23	20	Main Race Wave Elite	40:14.9	00:00:46	00:00:46	00:00:00	02:55:11	1020	00:56:34	00:55:47	02:55:58	02:28:05	02:27:18	39:28.2	Wave	2'15"/Km	2'15"/Km
81	1005	Samwel	Kahuthu	Male	Under 23	5	Main Race Wave Elite	40:52.4	00:01:24	00:01:24	00:00:00	02:57:41	1005	01:02:04	01:00:40	02:59:05	02:37:30	02:36:06	39:28.2	Wave	2'18"/Km	2'17"/Km
82	1058	Rajab	Simiyu	Male	Under 23	58	Main Race Wave Elite	40:04.8	00:00:36	00:00:36	00:00:00	03:00:33	1058	01:33:27	01:32:50	03:01:09	02:43:03	02:42:26	39:28.2	Wave	2'19"/Km	2'19"/Km
83	1032	James	Karimi	Male	Under 23	32	Main Race Wave Elite	40:03.5	00:00:35	00:00:35	00:00:00	03:01:07	1032	00:50:36	00:50:01	03:01:42	02:16:04	02:15:28	39:28.2	Wave	2'20"/Km	2'19"/Km
84	1021	Stanley	Njenga	Male	Under 23	21	Main Race Wave Elite	40:59.0	00:01:30	00:01:30	00:00:00	03:10:49	1021	01:01:09	00:59:38	03:12:20	02:37:42	02:36:11	39:28.2	Wave	2'28"/Km	2'27"/Km
85	1066	Prince	Kelvin	Male	Under 23	66	Main Race Wave Elite	40:47.4	00:01:19	00:01:19	00:00:00	03:11:02	1066	01:03:02	01:01:42	03:12:21	02:40:16	02:38:57	39:28.2	Wave	2'28"/Km	2'27"/Km
86	1085	Carl	Ngovi	Male	Under 23	85	Main Race Wave Elite	40:35.7	00:01:07	00:01:07	00:00:00	03:11:29	1085	01:34:48	01:33:41	03:12:36	02:53:46	02:52:39	39:28.2	Wave	2'28"/Km	2'27"/Km
87	1030	Nigel	Mimano	Male	Under 23	30	Main Race Wave Elite	41:13.2	00:01:45	00:01:45	00:00:00	03:15:42	1030	01:05:44	01:03:59	03:17:27	02:54:20	02:52:35	39:28.2	Wave	2'32"/Km	2'30"/Km
88	1001	Divit	Varsani	Male	Under 23	1	Main Race Wave Elite	41:36.0	00:02:07	00:02:07	00:00:00	03:25:01	1001	01:05:20	01:03:12	03:27:09	02:57:34	02:55:27	39:28.2	Wave	2'39"/Km	2'38"/Km
89	1017	Omar	Yassin	Male	Under 23	17	Main Race Wave Elite	40:52.1	00:01:23	00:01:23	00:00:00	03:25:08	1017	00:55:37	00:54:13	03:26:32	02:59:05	02:57:41	39:28.2	Wave	2'39"/Km	2'38"/Km
90	1003	Justin	Mutuma	Male	Under 23	3	Main Race Wave Elite	41:06.2	00:01:38	00:01:38	00:00:00	03:40:50	1003	01:22:25	01:20:47	03:42:28	03:13:10	03:11:32	39:28.2	Wave	2'51"/Km	2'50"/Km
91	1031	Brian	Muriithi	Male	Under 23	31	Main Race Wave Elite	42:11.0	00:02:42	00:02:42	00:00:00	03:40:59	1031	01:17:41	01:14:58	03:43:42	03:13:59	03:11:16	39:28.2	Wave	2'52"/Km	2'50"/Km
92	1051	Ebrahim	Bharmal	Male	Under 23	51	Main Race Wave Elite	40:22.9	00:00:54	00:00:54	00:00:00	03:43:16	1051	01:06:13	01:05:18	03:44:11	03:17:32	03:16:37	39:28.2	Wave	2'52"/Km	2'52"/Km
93	1139	Macharia Jolly	Macharia	Male	Under 23	139	Main Race Wave Elite	41:24.7	00:01:56	00:01:56	00:00:00	03:48:27	1139	01:18:30	01:16:34	03:50:23	03:24:28	03:22:31	39:28.2	Wave	2'57"/Km	2'56"/Km
94	1102	Sangeeth	Prabhu	Male	Under 23	102	Main Race Wave Elite	41:29.0	00:02:00	00:02:00	00:00:00	04:00:17	1102	01:23:22	01:21:21	04:02:17	03:27:35	03:25:35	39:28.2	Wave	3'06"/Km	3'05"/Km
95	1098	Des	Khamati	Male	Under 23	98	Main Race Wave Elite	41:27.8	00:01:59	00:01:59	00:00:00	04:00:18	1098	01:14:11	01:12:11	04:02:18	03:27:09	03:25:09	39:28.2	Wave	3'06"/Km	3'05"/Km
96	1004	Salim	Asad	Male	Under 23	4	Main Race Wave Elite	41:15.3	00:01:47	00:01:47	00:00:00	04:22:26	1004	01:27:19	01:25:31	04:24:14	03:52:06	03:50:19	39:28.2	Wave	3'23"/Km	3'22"/Km
97	1107	Mathews	Kipruto	Male	Under 23	107	Main Race Wave Elite	41:06.7	00:01:38	00:01:38	00:00:00	04:23:56	1107	01:23:28	01:21:49	04:25:34	03:49:18	03:47:40	39:28.2	Wave	3'24"/Km	3'23"/Km
DNQ	1008	Marvin	Mbutura	Male	Under 23	8	Main Race Wave Elite	40:11.4	00:00:43	00:00:43	00:00:00		1008						39:28.2	Wave		
DNQ	1009	James	Mwangi	Male	Under 23	9	Main Race Wave Elite	40:00.8	00:00:32	00:00:32	00:00:00	02:04:00	1009	00:49:40	00:49:07	02:04:33			39:28.2	Wave	1'36"/Km	1'35"/Km
DNQ	1023	Keith	Angana	Male	Under 23	23	Main Race Wave Elite	42:03.6	00:02:35	00:02:35	00:00:00	03:47:11	1023	01:40:41	01:38:06	03:49:46			39:28.2	Wave	2'57"/Km	2'55"/Km
DNQ	1036	Eugene	Okumu	Male	Under 23	36	Main Race Wave Elite	40:04.5	00:00:36	00:00:36	00:00:00		1036						39:28.2	Wave		
DNQ	1039	Daniel	Nyangweso	Male	Under 23	39	Main Race Wave Elite	39:58.7	00:00:30	00:00:30	00:00:00		1039	00:40:15	00:39							

DNQ	1112	Yiga	Collins	Male	Under 23	112	Main Race Wave Elite	40:02.5	00:00:34	00:00:34	00:00:00	01:42:52	1112	01:30:58	01:30:23	01:43:26			39:28.2	Wave	1'19"/Km	1'19"/Km
DNQ	1119	Mugera	Kevin	Male	Under 23	119	Main Race Wave Elite	40:06.1	00:00:37	00:00:37	00:00:00	01:50:20	1119	01:37:05	01:36:27	01:50:58			39:28.2	Wave	1'25"/Km	1'25"/Km
DNQ	1125	Bunkedeko	Steven	Male	Under 23	125	Main Race Wave Elite	-					1125						39:28.2	Wave		
DNQ	1126	Kakembo	Kasiim	Male	Under 23	126	Main Race Wave Elite	-					1126						39:28.2	Wave		
DNQ	1129	Mutyaba	Hassan	Male	Under 23	129	Main Race Wave Elite	06:48.2	00:32:39	00:00:00	00:00:00		1129						39:28.2	Wave		
DNQ	1130	Ssekandi	Moses	Male	Under 23	130	Main Race Wave Elite	-				03:09:10	1130			03:09:10			39:28.2	Wave	2'25"/Km	2'25"/Km

Timing chip data incomplete or inconsistent. DNQ - Does not Qualify