



JUBILEE LIVE FREE RACE 2026 POWERED BY THE GRAND NAIROBI BIKE RACE
ELITE MEN RACE RESULTS

RANK	Bib	Name	Surname	Gender	Category	#	Wave	Start raw time	Start net time	Start.toficial	Start.treal	Finish.treal	Tag	Split 1.toficial	Split 1.treal	Finish.toficial	Split 2.toficial	Split 2.treal	Start Time	Start Time Mode	Finish.avg	Finish.netavg
1	2303	Jordan	Schleck	Male	Elite	301	Main Race Wave Elite	39:55.7	00:00:27	00:00:27	00:00:00	01:42:02	2303	00:38:39	00:38:12	01:42:29	01:28:24	01:27:57	39:28.2	Wave	1'19"/Km	1'18"/Km
2	2176	Evan	Wangai	Male	Elite	174	Main Race Wave Elite	39:55.2	00:00:27	00:00:27	00:00:00	01:42:03	2176	00:40:58	00:40:31	01:42:30	01:30:43	01:30:16	39:28.2	Wave	1'19"/Km	1'18"/Km
3	2366	Charles	Kagimu	Male	Elite	364	Main Race Wave Elite	39:57.0	00:00:28	00:00:28	00:00:00	01:42:30	2366	00:38:39	00:38:10	01:42:59	01:28:41	01:28:12	39:28.2	Wave	1'19"/Km	1'19"/Km
4	2426	Lubega	Abdul	Male	Elite	424	Main Race Wave Elite	40:12.0	00:00:43	00:00:43	00:00:00	01:42:31	2426	00:41:00	00:40:16	01:43:15	01:30:59	01:30:15	39:28.2	Wave	1'19"/Km	1'19"/Km
5	2352	Naftali	Chesiya	Male	Elite	350	Main Race Wave Elite	40:01.8	00:00:33	00:00:33	00:00:00	01:42:40	2352	00:38:39	00:38:05	01:43:14	01:30:54	01:30:20	39:28.2	Wave	1'19"/Km	1'19"/Km
6	2365	Joel	Kyaviro	Male	Elite	363	Main Race Wave Elite	39:54.7	00:00:26	00:00:26	00:00:00	01:42:40	2365	00:40:58	00:40:31	01:43:06	01:30:52	01:30:25	39:28.2	Wave	1'19"/Km	1'19"/Km
7	2337	Benard	Njoroge	Male	Elite	335	Main Race Wave Elite	40:01.9	00:00:33	00:00:33	00:00:00	01:42:42	2337	00:40:56	00:40:23	01:43:15	01:30:58	01:30:24	39:28.2	Wave	1'19"/Km	1'19"/Km
8	2327	Cornelius	Kemboi	Male	Elite	325	Main Race Wave Elite	39:58.6	00:00:30	00:00:30	00:00:00	01:42:44	2327	00:40:58	00:40:27	01:43:15	01:28:40	01:28:09	39:28.2	Wave	1'19"/Km	1'19"/Km
9	2396	Warutere	Gicheru	Male	Elite	394	Main Race Wave Elite	40:00.2	00:00:32	00:00:32	00:00:00	01:42:44	2396	00:38:40	00:38:08	01:43:16	01:28:45	01:28:13	39:28.2	Wave	1'19"/Km	1'19"/Km
10	3075	Matovu	David	Male	Elite	520	Main Race Wave Elite	40:00.4	00:00:32	00:00:32	00:00:00	01:42:45	3230	00:40:59	00:40:27	01:43:17	01:30:59	01:30:26	39:28.2	Wave	1'19"/Km	1'19"/Km
11	2332	Ivan	Kipruto	Male	Elite	330	Main Race Wave Elite	39:56.7	00:00:28	00:00:28	00:00:00	01:42:46	2332	00:40:56	00:40:27	01:43:15	01:30:53	01:30:24	39:28.2	Wave	1'19"/Km	1'19"/Km
12	2397	Joseph	Kamau	Male	Elite	395	Main Race Wave Elite	39:55.5	00:00:27	00:00:27	00:00:00	01:42:49	2397	00:38:42	00:38:15	01:43:16	01:28:48	01:28:20	39:28.2	Wave	1'19"/Km	1'19"/Km
13	2435	Isaac	Wambua	Male	Elite	433	Main Race Wave Elite	39:57.3	00:00:29	00:00:29	00:00:00	01:42:50	3458	00:40:58	00:40:29	01:43:20	01:28:46	01:28:17	39:28.2	Wave	1'19"/Km	1'19"/Km
14	2333	Geoffrey	Waire	Male	Elite	331	Main Race Wave Elite	40:03.8	00:00:35	00:00:35	00:00:00	01:44:11	2333	00:40:58	00:40:22	01:44:47	01:30:57	01:30:21	39:28.2	Wave	1'20"/Km	1'20"/Km
15	2146	Stephen	Mboroto	Male	Elite	145	Main Race Wave Elite	40:16.6	00:00:48	00:00:48	00:00:00	01:44:34	2146	00:41:00	00:40:12	01:45:22	01:31:57	01:31:09	39:28.2	Wave	1'21"/Km	1'20"/Km
16	2319	Clifford	Omolilo	Male	Elite	317	Main Race Wave Elite	40:03.3	00:00:35	00:00:35	00:00:00	01:44:50	2319	00:41:00	00:40:25	01:45:25	01:31:58	01:31:23	39:28.2	Wave	1'21"/Km	1'20"/Km
17	2108	David	Mathai	Male	Elite	108	Main Race Wave Elite	39:56.8	00:00:28	00:00:28	00:00:00	01:44:51	2108	00:40:58	00:40:29	01:45:19	01:31:58	01:31:30	39:28.2	Wave	1'21"/Km	1'20"/Km
18	2393	Parsie	Mwas	Male	Elite	391	Main Race Wave Elite	39:56.2	00:00:28	00:00:28	00:00:00	01:44:54	2393	00:40:56	00:40:28	01:45:22	01:31:57	01:31:29	39:28.2	Wave	1'21"/Km	1'20"/Km
19	2339	Samuel	Onyango	Male	Elite	337	Main Race Wave Elite	39:59.7	00:00:31	00:00:31	00:00:00	01:45:35	2339	00:40:57	00:40:25	01:46:07	01:31:57	01:31:26	39:28.2	Wave	1'21"/Km	1'21"/Km
20	3012	James	Juma	Male	Elite	458	Main Race Wave Elite	39:59.0	00:00:30	00:00:30	00:00:00	01:46:06	3167	00:38:41	00:38:10	01:46:37	01:30:10	01:29:40	39:28.2	Wave	1'22"/Km	1'21"/Km
21	2023	Fredrick	Nguri	Male	Elite	23	Main Race Wave Elite	40:10.8	00:00:42	00:00:42	00:00:00	01:49:14	2023	00:40:59	00:40:16	01:49:56	01:31:44	01:31:01	39:28.2	Wave	1'24"/Km	1'24"/Km
22	2356	Bonface	Oteba	Male	Elite	354	Main Race Wave Elite	40:01.7	00:00:33	00:00:33	00:00:00	01:50:23	2356	00:41:00	00:40:26	01:50:57	01:37:05	01:36:31	39:28.2	Wave	1'25"/Km	1'25"/Km
23	2360	Dedan	Njuguna	Male	Elite	358	Main Race Wave Elite	40:25.9	00:00:57	00:00:57	00:00:00	01:51:03	2360	00:43:43	00:42:46	01:52:01	01:38:40	01:37:42	39:28.2	Wave	1'26"/Km	1'25"/Km
24	2391	Mbaziira	Mwanawattu	Male	Elite	389	Main Race Wave Elite	40:25.4	00:00:57	00:00:57	00:00:00	01:51:09	2391	00:43:44	00:42:47	01:52:07	01:36:09	01:35:12	39:28.2	Wave	1'26"/Km	1'25"/Km
25	2359	Peter	Mbugua	Male	Elite	357	Main Race Wave Elite	40:10.8	00:00:42	00:00:42	00:00:00	01:51:26	2359	00:43:44	00:43:01	01:52:08	01:38:43	01:38:00	39:28.2	Wave	1'26"/Km	1'25"/Km
26	3080	Geoffrey	Simiyu	Male	Elite	525	Main Race Wave Elite	40:01.7	00:00:33	00:00:33	00:00:00	01:51:28	3235	00:43:45	00:43:11	01:52:01	01:38:41	01:38:08	39:28.2	Wave	1'26"/Km	1'25"/Km
27	2272	Peter	Githinji	Male	Elite	270	Main Race Wave Elite	40:02.3	00:00:34	00:00:34	00:00:00	01:51:33	2272	00:43:46	00:43:12	01:52:08	01:38:43	01:38:09	39:28.2	Wave	1'26"/Km	1'26"/Km
28	2055	Brian	Wanjohi	Male	Elite	55	Main Race Wave Elite	39:58.9	00:00:30	00:00:30	00:00:00	01:51:36	2055	00:40:59	00:40:28	01:52:06	01:38:28	01:37:57	39:28.2	Wave	1'26"/Km	1'26"/Km
29	2166	Hillary	Manuthia	Male	Elite	165	Main Race Wave Elite	39:55.3	00:00:27	00:00:27	00:00:00	01:51:39	2166	00:43:44	00:43:16	01:52:06	01:38:42	01:38:15	39:28.2	Wave	1'26"/Km	1'26"/Km
30	2329	Patrick	Mugu	Male	Elite	327	Main Race Wave Elite	39:58.6	00:00:30	00:00:30	00:00:00	01:51:39	2329	00:42:51	00:42:21	01:52:10	01:38:43	01:38:13	39:28.2	Wave	1'26"/Km	1'26"/Km
31	2289	Brayan	Mumira	Male	Elite	287	Main Race Wave Elite	40:05.9	00:00:37	00:00:37	00:00:00	01:55:36	2289	00:43:44	00:43:07	01:56:14	01:40:46	01:40:08	39:28.2	Wave	1'29"/Km	1'29"/Km
32	2107	Gerald	Njinju	Male	Elite	107	Main Race Wave Elite	40:16.3	00:00:48	00:00:48	00:00:00	01:56:23	2107	00:42:13	00:41:24	01:57:11	01:42:59	01:42:11	39:28.2	Wave	1'30"/Km	1'29"/Km
33	2220	Lewis	Kinyua	Male	Elite	218	Main Race Wave Elite	40:12.5	00:00:44	00:00:44	00:00:00	01:56:27	2220	00:44:53	00:44:09	01:57:12	01:42:59	01:42:14	39:28.2	Wave	1'30"/Km	1'29"/Km
34	3054	Peter	Kamau	Male	Elite	499	Main Race Wave Elite	40:10.4	00:00:42	00:00:42	00:00:00	01:56:27	3209	00:44:54	00:44:11	01:57:09	01:42:59	01:42:17	39:28.2	Wave	1'30"/Km	1'29"/Km
35	2395	Kennedy	Mutuku	Male	Elite	393	Main Race Wave Elite	40:16.0	00:00:47	00:00:47	00:00:00	01:56:29	2395	00:42:24	00:41:36	01:57:17	01:40:24	01:39:36	39:28.2	Wave	1'30"/Km	1'29"/Km
36	2165	Simon	Irungu	Male	Elite	164	Main Race Wave Elite	39:55.0	00:00:26	00:00:26	00:00:00	01:56:50	2165	00:43:45	00:43:18	01:57:17	01:41:54	01:41:27	39:28.2	Wave	1'30"/Km	1'30"/Km
37	3078	Peter	Githinji	Male	Elite	523	Main Race Wave Elite	39:56.6	00:00:28	00:00:28	00:00:00	01:57:30	3233	00:43:45	00:43:17	01:57:58	01:39:49	01:39:21	39:28.2	Wave	1'30"/Km	1'30"/Km
38	2428	Mugalu Yunus	Kasule	Male	Elite	426	Main Race Wave Elite	40:37.0	00:01:08	00:01:08	00:00:00	01:58:10	2428	00:45:47	00:44:38	01:59:19	01:45:39	01:44:30	39:28.2	Wave	1'32"/Km	1'31"/Km
39	3051	Maarten	Fontein	Male	Elite	496	Main Race Wave Elite	40:10.2	00:00:42	00:00:42	00:00:00	01:58:35	3206	00:45:46	00:45:04	01:59:17	01:45:38	01:44:56	39:28.2	Wave	1'32"/Km	1'31"/Km
40	2363	Samwel	Njoroge	Male	Elite	361	Main Race Wave Elite	40:10.9	00:00:42	00:00:42	00:00:00	01:58:36	2363	00:43:39	00:42:56	01:59:19	01:42:48	01:42:05	39:28.2	Wave	1'32"/Km	1'31"/Km
41	2209	Collins	Wambugu	Male	Elite	207	Main Race Wave Elite	40:35.0	00:01:06	00:01:06	00:00:00	01:59:25	2209	00:45:21	00:44:14	02:00:32	01:44:17	01:43:10	39:28.2	Wave	1'32"/Km	1'32"/Km
42	2248	Elud	Ngaruiya	Male	Elite	246	Main Race Wave Elite	40:14.4	00:00:46	00:00:46	00:00:00	01:59:46	2248	00:44:46	00:44:00	02:00:33	01:44:17	01:43:31	39:28.2	Wave	1'32"/Km	1'32"/Km
43	2150	Paul	Mainguet	Male	Elite	149	Main Race Wave Elite	40:09.8	00:00:41	00:00:41	00:00:00	01:59:51	2150	00:46:35	00:45:54	02:00:33	01:46:43	01:46:02	39:28.2	Wave	1'32"/Km	1'32"/Km
44	2029	Tejash	Joshi	Male	Elite	29	Main Race Wave Elite	40:04.7	00:00:36	00:00:36	00:00:00	01:59:57	2029	00:43:07	00:42:31	02:00:33	01:43:21	01:42:45	39:28.2	Wave	1'32"/Km	1'32"/Km
45	2163	Gabriel	Runo	Male	Elite	162	Main Race Wave Elite	40:24.8	00:00:56	00:00:56	00:00:00	02:01:25	2163	00:48:01	00:47:04	02:02:22	01:45:26	01:44:29	39:28.2	Wave	1'34"/Km	1'33"/Km
46	2200	Joseph	Njenga	Male	Elite	198	Main Race Wave Elite	40:09.7	00:00:41	00:00:41	00:00:00	02:01:40	2200	00:46:20	00:45:39	02:02:22	01:47:19	01:46:38	39:28.2	Wave	1'34"/Km	1'33"/Km
47	2312	Malvine	Owuor	Male	Elite	310	Main Race Wave Elite	40:02.1	00:00:33	00:00:33	00:00:00	02:01:47	2312	00:44:16	00:43:42	02:02:21	01:45:17	01:44:43	39:28.2	Wave	1'34"/Km	1'33"/Km
48	2358	Joseph	Kariuki	Male	Elite	356	Main Race Wave Elite	40:40.9	00:01:12	00:01:12	00:00:00	02:01:56	2358	00:47:58	00:46:45	02:03:08	01:48:33	01:47:20	39:28.2	Wave	1'34"/Km	1'34"/Km
49	2204	Moses	Maina	Male	Elite	202	Main Race Wave Elite	41:22.0	00:01:53	00:01:53	00:00:00	02:02:00	2204	00:49:32	00:47:39	02:03:54	01:50:06	01:48:12	39:28.2	Wave	1'35"/Km	1'34"/Km
50	2001	Kariuki	Waweru	Male	Elite	1	Main Race Wave Elite	40:06.6	00:00:38	00:00:38	00:00:00	02:02:32	2001	00:48:00	00:47:22	02:03:10	01:45:30	01:44:52	39:28.2	Wave	1'35"/Km	1'34"/Km
51	2104	Jim	Blair	Male	Elite	104	Main Race Wave Elite	40:31.3</														

RANK	Bib	Name	Surname	Gender	Category	#	Wave	Start raw time	Start net time	Start.toficial	Start.treal	Finish.treal	Tag	Split 1.toficial	Split 1.treal	Finish.toficial	Split 2.toficial	Split 2.treal	Start Time	Start Time Mode	Finish.avg	Finish.netavg
53	2302	Stephen	Waitbaka	Male	Elite	300	Main Race Wave Elite	40:21.8	00:00:53	00:00:53	00:00:00	02:02:57	2302	00:45:52	00:44:58	02:03:50	01:47:14	01:46:20	39:28.2	Wave	1'35"/Km	1'34"/Km
54	2170	Iman	Abass	Male	Elite	168	Main Race Wave Elite	40:12.2	00:00:44	00:00:44	00:00:00	02:03:06	2170	00:46:00	00:45:16	02:03:50	01:47:21	01:46:37	39:28.2	Wave	1'35"/Km	1'34"/Km
55	2243	Daniel	Macharia	Male	Elite	241	Main Race Wave Elite	40:07.0	00:00:38	00:00:38	00:00:00	02:03:09	2243	00:46:20	00:44:41	02:03:48	01:48:32	01:47:53	39:28.2	Wave	1'35"/Km	1'34"/Km
56	2064	Benson	Mwangi	Male	Elite	64	Main Race Wave Elite	40:04.6	00:00:36	00:00:36	00:00:00	02:03:10	2064	00:48:02	00:47:26	02:03:47	01:49:34	01:48:57	39:28.2	Wave	1'35"/Km	1'35"/Km
57	2227	Daniel	Okumu	Male	Elite	225	Main Race Wave Elite	40:02.6	00:00:34	00:00:34	00:00:00	02:03:18	2227	00:47:59	00:47:25	02:03:52	01:49:13	01:48:39	39:28.2	Wave	1'35"/Km	1'35"/Km
58	2386	Kevin	Mboya	Male	Elite	384	Main Race Wave Elite	40:05.1	00:00:36	00:00:36	00:00:00	02:03:18	2386	00:46:57	00:46:20	02:03:55	01:48:49	01:48:12	39:28.2	Wave	1'35"/Km	1'35"/Km
59	2198	Dennis	Isack	Male	Elite	196	Main Race Wave Elite	40:03.1	00:00:34	00:00:34	00:00:00	02:03:19	2198	00:45:25	00:44:50	02:03:54	01:46:32	01:45:57	39:28.2	Wave	1'35"/Km	1'35"/Km
60	2300	Francis	Munyua	Male	Elite	298	Main Race Wave Elite	40:03.1	00:00:34	00:00:34	00:00:00	02:03:19	2300	00:47:58	00:47:24	02:03:53	01:50:03	01:49:28	39:28.2	Wave	1'35"/Km	1'35"/Km
61	2117	Kennedy	Mfinyi Mhandisi	Male	Elite	117	Main Race Wave Elite	39:59.1	00:00:30	00:00:30	00:00:00	02:03:20	2117	00:48:01	00:47:30	02:03:51	01:49:52	01:49:21	39:28.2	Wave	1'35"/Km	1'35"/Km
62	3018	Berber	Kramer	Male	Elite	464	Main Race Wave Elite	41:31.6	00:02:03	00:02:03	00:00:00	02:03:41	3173	00:49:34	00:47:30	02:05:45	01:50:38	01:48:35	39:28.2	Wave	1'36"/Km	1'35"/Km
63	3011	Yagnesh	Patel	Male	Elite	457	Main Race Wave Elite	40:07.6	00:00:39	00:00:39	00:00:00	02:05:02	3166	00:49:32	00:48:53	02:05:41	01:50:55	01:50:16	39:28.2	Wave	1'36"/Km	1'36"/Km
64	2133	Bonface	Njuguna	Male	Elite	132	Main Race Wave Elite	40:15.6	00:00:47	00:00:47	00:00:00	02:06:20	2133	00:49:32	00:48:45	02:07:08	01:51:37	01:50:49	39:28.2	Wave	1'38"/Km	1'37"/Km
65	2247	Simon	Raulin	Male	Elite	245	Main Race Wave Elite	40:13.6	00:00:45	00:00:45	00:00:00	02:06:21	2247	00:49:32	00:48:46	02:07:06	01:52:25	01:51:39	39:28.2	Wave	1'38"/Km	1'37"/Km
66	3081	George	Masinga	Male	Elite	526	Main Race Wave Elite	39:56.4	00:00:28	00:00:28	00:00:00	02:06:36	3236	00:48:59	00:48:31	02:07:04	01:51:12	01:50:44	39:28.2	Wave	1'38"/Km	1'37"/Km
67	2017	Antony	Muange	Male	Elite	17	Main Race Wave Elite	40:22.3	00:00:54	00:00:54	00:00:00	02:06:54	2017	00:45:45	00:44:51	02:07:48	01:52:05	01:51:11	39:28.2	Wave	1'38"/Km	1'37"/Km
68	2278	Ahmad	Abuwazneh	Male	Elite	276	Main Race Wave Elite	40:14.8	00:00:46	00:00:46	00:00:00	02:08:27	2278	00:46:45	00:45:58	02:09:14	01:50:11	01:49:24	39:28.2	Wave	1'39"/Km	1'39"/Km
69	2188	Bildad	Maranga	Male	Elite	186	Main Race Wave Elite	40:12.7	00:00:44	00:00:44	00:00:00	02:08:31	2188	00:49:39	00:48:54	02:09:15	01:53:55	01:53:11	39:28.2	Wave	1'39"/Km	1'39"/Km
70	2207	Masesi	Geoffrey	Male	Elite	205	Main Race Wave Elite	40:00.4	00:00:32	00:00:32	00:00:00	02:08:48	2207	00:46:42	00:46:10	02:09:20	01:50:23	01:49:51	39:28.2	Wave	1'39"/Km	1'39"/Km
71	2267	Ronny	Mbugua	Male	Elite	265	Main Race Wave Elite	40:03.8	00:00:35	00:00:35	00:00:00	02:09:01	2267	00:48:01	00:47:26	02:09:37	01:53:30	01:52:54	39:28.2	Wave	1'39"/Km	1'39"/Km
72	2084	Emmanuel	Too	Male	Elite	84	Main Race Wave Elite	41:18.8	00:01:50	00:01:50	00:00:00	02:09:14	2084	00:51:18	00:49:27	02:11:04	01:55:50	01:54:00	39:28.2	Wave	1'41"/Km	1'39"/Km
73	2240	Dr. Namayuba	Collin	Male	Elite	238	Main Race Wave Elite	40:08.4	00:00:40	00:00:40	00:00:00	02:09:20	2240	00:49:34	00:48:53	02:10:00	01:53:57	01:53:17	39:28.2	Wave	1'40"/Km	1'39"/Km
74	2419	Ssebunya	Denis	Male	Elite	417	Main Race Wave Elite	40:05.3	00:00:37	00:00:37	00:00:00	02:09:33	2419	00:48:48	00:48:11	02:10:10	01:51:11	01:50:34	39:28.2	Wave	1'40"/Km	1'39"/Km
75	2167	Katana	Wa Yaa	Male	Elite	166	Main Race Wave Elite	39:58.1	00:00:29	00:00:29	00:00:00	02:09:44	2167	00:49:38	00:49:08	02:10:14	01:54:17	01:53:47	39:28.2	Wave	1'40"/Km	1'40"/Km
76	3074	Brian	Okumu	Male	Elite	519	Main Race Wave Elite	40:25.8	00:00:57	00:00:57	00:00:00	02:09:45	3229	00:49:43	00:48:46	02:10:42	01:54:23	01:53:25	39:28.2	Wave	1'40"/Km	1'40"/Km
77	3135	Tom	Ogega	Male	Elite	539	Main Race Wave Elite	41:06.8	00:01:38	00:01:38	00:00:00	02:09:50	3190	00:51:17	00:49:38	02:11:29	01:56:02	01:54:23	39:28.2	Wave	1'41"/Km	1'40"/Km
78	2438	Malo	Senis	Male	Elite	434	Main Race Wave Elite	40:10.0	00:00:41	00:00:41	00:00:00	02:09:55	3395	00:46:36	00:45:54	02:10:37	01:53:42	01:53:01	39:28.2	Wave	1'40"/Km	1'40"/Km
79	2271	Jed	Lomani	Male	Elite	269	Main Race Wave Elite	40:41.2	00:01:13	00:01:13	00:00:00	02:10:14	2271	00:48:30	00:47:16	02:11:28	01:53:04	01:51:51	39:28.2	Wave	1'41"/Km	1'40"/Km
80	2416	Mayanja	Fred	Male	Elite	414	Main Race Wave Elite	40:43.3	00:01:15	00:01:15	00:00:00	02:10:16	2416	00:51:18	00:50:03	02:11:32	01:56:01	01:54:46	39:28.2	Wave	1'41"/Km	1'40"/Km
81	3071	Abraham	Odenyo	Male	Elite	516	Main Race Wave Elite	40:37.9	00:01:09	00:01:09	00:00:00	02:10:21	3226	00:47:18	00:46:09	02:11:31	01:52:57	01:51:48	39:28.2	Wave	1'41"/Km	1'40"/Km
82	2305	Eric	Nduati	Male	Elite	303	Main Race Wave Elite	40:28.8	00:01:00	00:01:00	00:00:00	02:10:27	2305	00:47:52	00:46:51	02:11:28	01:56:05	01:55:04	39:28.2	Wave	1'41"/Km	1'40"/Km
83	2328	Kihanya	Thairu	Male	Elite	326	Main Race Wave Elite	40:32.2	00:01:04	00:01:04	00:00:00	02:10:27	2328	00:50:36	00:49:32	02:11:31	01:56:03	01:54:59	39:28.2	Wave	1'41"/Km	1'40"/Km
84	2061	Bullet	Macharia	Male	Elite	61	Main Race Wave Elite	40:12.3	00:00:44	00:00:44	00:00:00	02:10:44	2061	00:48:28	00:47:44	02:11:28	01:53:03	01:52:19	39:28.2	Wave	1'41"/Km	1'40"/Km
85	2148	Zach	Njue	Male	Elite	147	Main Race Wave Elite	40:52.0	00:01:23	00:01:23	00:00:00	02:10:44	2148	00:51:17	00:49:53	02:12:08	01:57:07	01:55:43	39:28.2	Wave	1'41"/Km	1'40"/Km
86	2255	Brian	Njung'e	Male	Elite	253	Main Race Wave Elite	40:47.9	00:01:19	00:01:19	00:00:00	02:10:51	2255	00:48:27	00:47:07	02:12:10	01:53:50	01:52:31	39:28.2	Wave	1'41"/Km	1'40"/Km
87	2007	Peter	Wamiti	Male	Elite	7	Main Race Wave Elite	40:25.2	00:00:57	00:00:57	00:00:00	02:11:09	2007	00:50:37	00:49:40	02:12:06	01:56:37	01:55:40	39:28.2	Wave	1'41"/Km	1'41"/Km
88	2387	Arnold	Alfred	Male	Elite	385	Main Race Wave Elite	40:27.8	00:00:59	00:00:59	00:00:00	02:11:18	2387	00:51:18	00:50:19	02:12:18	01:57:06	01:56:07	39:28.2	Wave	1'42"/Km	1'41"/Km
89	3009	Onesmus	Mutiga	Male	Elite	455	Main Race Wave Elite	40:55.5	00:01:27	00:01:27	00:00:00	02:11:23	3164	00:53:47	00:52:19	02:12:50	01:57:33	01:56:06	39:28.2	Wave	1'42"/Km	1'41"/Km
90	2131	Kelvin	Ngware	Male	Elite	130	Main Race Wave Elite	40:40.1	00:01:11	00:01:11	00:00:00	02:12:12	2131	00:51:18	00:50:07	02:13:24	01:57:11	01:55:59	39:28.2	Wave	1'42"/Km	1'41"/Km
91	2206	James	Njagu	Male	Elite	204	Main Race Wave Elite	40:38.9	00:01:10	00:01:10	00:00:00	02:13:29	2206	00:52:23	00:51:12	02:14:40	01:59:03	01:57:52	39:28.2	Wave	1'43"/Km	1'42"/Km
92	2434	Farah Olad	Ibrahim	Male	Elite	432	Main Race Wave Elite	40:08.4	00:00:40	00:00:40	00:00:00	02:13:45	3457	00:50:31	00:49:50	02:14:25	01:57:31	01:56:51	39:28.2	Wave	1'43"/Km	1'43"/Km
93	2042	Paul	Sila	Male	Elite	42	Main Race Wave Elite	40:18.4	00:00:50	00:00:50	00:00:00	02:13:52	2042	00:50:13	00:49:23	02:14:43	01:55:59	01:55:09	39:28.2	Wave	1'43"/Km	1'43"/Km
94	2456	Dennis	Munyasi	Male	Elite	446	Main Race Wave Elite	40:45.2	00:01:17	00:01:17	00:00:00	02:16:25	1944	00:53:30	00:52:13	02:17:42	02:00:39	01:59:22	39:28.2	Wave	1'46"/Km	1'45"/Km
95	2006	Brian	Martin	Male	Elite	6	Main Race Wave Elite	40:51.6	00:01:23	00:01:23	00:00:00	02:16:28	2006	00:53:29	00:52:05	02:17:51	02:00:39	01:59:15	39:28.2	Wave	1'46"/Km	1'45"/Km
96	2279	Francis	Matu	Male	Elite	277	Main Race Wave Elite	40:55.8	00:01:27	00:01:27	00:00:00	02:16:38	2279	00:49:19	00:47:51	02:18:06	01:59:23	01:57:55	39:28.2	Wave	1'46"/Km	1'45"/Km
97	2052	Raphael	Thuo	Male	Elite	52	Main Race Wave Elite	41:05.4	00:01:37	00:01:37	00:00:00	02:17:17	2052	00:53:29	00:51:52	02:18:54	02:02:29	02:00:52	39:28.2	Wave	1'47"/Km	1'45"/Km
98	3016	Yusuf	Bakirali	Male	Elite	462	Main Race Wave Elite	40:11.8	00:00:43	00:00:43	00:00:00	02:18:20	3171	00:53:05	00:52:22	02:19:03	02:02:32	02:01:48	39:28.2	Wave	1'47"/Km	1'46"/Km
99	2195	Derrick	Obiero	Male	Elite	193	Main Race Wave Elite	40:08.0	00:00:39	00:00:39	00:00:00	02:18:23	2195	00:49:29	00:48:49	02:19:03	01:59:14	01:58:34	39:28.2	Wave	1'47"/Km	1'46"/Km
100	2139	Cornelius	Alusa	Male	Elite	138	Main Race Wave Elite	40:57.9	00:01:29	00:01:29	00:00:00	02:18:49	2139	00:51:19	00:49:50	02:20:19	02:01:52	02:00:23	39:28.2	Wave	1'48"/Km	1'47"/Km
101	2077	Munene	Mwongela	Male	Elite	77	Main Race Wave Elite	40:46.0	00:01:17	00:01:17	00:00:00	02:18:54	2077	00:48:30	00:47:12	02:20:12	02:00:13	01:58:55	39:28.2	Wave	1'48"/Km	1'47"/Km
102	2197	Victor	Omondi	Male	Elite	195	Main Race Wave Elite	40:35.2	00:01:07	00:01:07	00:00:00	02:19:04	2197	00:50:40	00:49:33	02:20:11	02:00:13	01:59:06	39:28.2	Wave	1'48"/Km	1'47"/Km
103	2361	Kuria	Ndungu	Male	Elite	359	Main Race Wave Elite	40:17.8	00:00:49	00:00:49	00:00:00	02:19:22	2361	00:53:07								

118	2138	Francis	Njoroge	Male	Elite	137	Main Race Wave Elite	40:35.3	00:01:07	00:01:07	00:00:00	02:24:22	2138	00:54:59	00:53:52	02:25:29	02:07:56	02:06:49	39:28.2	Wave	1'52"/Km	1'51"/Km
RANK	Bib	Name	Surname	Gender	Category	#	Wave	Start raw time	Start net time	Start.toficial	Start.treal	Finish.treal	Tag	Split 1.toficial	Split 1.treal	Finish.toficial	Split 2.toficial	Split 2.treal	Start Time	Start Time Mode	Finish.avg	Finish.netavg
119	2295	Adam	Abdalah	Male	Elite	293	Main Race Wave Elite	40:34.1	00:01:05	00:01:05	00:00:00	02:24:22	2295	00:52:59	00:51:53	02:25:28	02:09:32	02:08:26	39:28.2	Wave	1'52"/Km	1'51"/Km
120	2323	Titus	Mwendia	Male	Elite	321	Main Race Wave Elite	40:20.6	00:00:52	00:00:52	00:00:00	02:25:01	2323	00:48:54	00:48:01	02:25:54	02:03:53	02:03:00	39:28.2	Wave	1'52"/Km	1'51"/Km
121	2392	Jeffrey	Omondi	Male	Elite	390	Main Race Wave Elite	40:28.6	00:01:00	00:01:00	00:00:00	02:26:05	2392	00:59:35	00:58:34	02:27:05	02:11:24	02:10:24	39:28.2	Wave	1'53"/Km	1'52"/Km
122	2178	Francis	Otieno	Male	Elite	176	Main Race Wave Elite	40:41.8	00:01:13	00:01:13	00:00:00	02:26:07	2178	00:55:30	00:54:17	02:27:21	02:07:58	02:06:45	39:28.2	Wave	1'53"/Km	1'52"/Km
123	2424	Ssentamu	Emmanuel	Male	Elite	422	Main Race Wave Elite	40:34.8	00:01:06	00:01:06	00:00:00	02:26:44	2424	00:56:32	00:55:26	02:27:51	02:10:38	02:09:31	39:28.2	Wave	1'54"/Km	1'53"/Km
124	2317	Hillary	Nyandiki	Male	Elite	315	Main Race Wave Elite	40:14.7	00:00:46	00:00:46	00:00:00	02:26:51	2317	00:45:51	00:44:05	02:27:38	01:57:34	01:56:48	39:28.2	Wave	1'53"/Km	1'53"/Km
125	2142	Warren	Mugambi	Male	Elite	141	Main Race Wave Elite	41:10.4	00:01:42	00:01:42	00:00:00	02:27:28	2142	00:57:13	00:55:30	02:29:10	02:09:50	02:08:08	39:28.2	Wave	1'55"/Km	1'53"/Km
126	3091	Charles	Andere	Male	Elite	536	Main Race Wave Elite	40:34.7	00:01:06	00:01:06	00:00:00	02:29:30	3246	00:53:03	00:51:56	02:30:36	02:11:57	02:10:51	39:28.2	Wave	1'56"/Km	1'55"/Km
127	3092	Deresh	Patel	Male	Elite	537	Main Race Wave Elite	40:34.7	00:01:06	00:01:06	00:00:00	02:29:30	3246	00:53:03	00:51:56	02:30:36	02:11:57	02:10:51	39:28.2	Wave	1'56"/Km	1'55"/Km
128	3058	Njue	Ndiga	Male	Elite	503	Main Race Wave Elite	40:32.1	00:01:03	00:01:03	00:00:00	02:29:40	3213	00:53:44	00:52:40	02:30:44	02:11:30	02:10:26	39:28.2	Wave	1'56"/Km	1'55"/Km
129	2066	Tito	Kirui	Male	Elite	66	Main Race Wave Elite	40:41.8	00:01:13	00:01:13	00:00:00	02:29:51	2066	00:54:18	00:53:04	02:31:04	02:08:42	02:07:29	39:28.2	Wave	1'56"/Km	1'55"/Km
130	2324	Hillary	Siege	Male	Elite	322	Main Race Wave Elite	41:00.8	00:01:32	00:01:32	00:00:00	02:30:18	2324	00:58:13	00:56:41	02:31:50	02:13:25	02:11:53	39:28.2	Wave	1'57"/Km	1'55"/Km
131	2062	Kiruri	Kabucho	Male	Elite	62	Main Race Wave Elite	40:51.1	00:01:22	00:01:22	00:00:00	02:31:29	2062	00:57:27	00:56:04	02:32:51	02:11:31	02:10:08	39:28.2	Wave	1'57"/Km	1'56"/Km
132	2285	Victor	Abedi	Male	Elite	283	Main Race Wave Elite	41:43.4	00:02:15	00:02:15	00:00:00	02:31:33	2285	01:02:35	01:00:20	02:33:48	02:17:44	02:15:29	39:28.2	Wave	1'58"/Km	1'56"/Km
133	2219	Stanley	Mumo	Male	Elite	217	Main Race Wave Elite	40:29.2	00:01:01	00:01:01	00:00:00	02:32:18	2219	00:50:26	00:49:25	02:33:19	02:08:05	02:07:04	39:28.2	Wave	1'58"/Km	1'57"/Km
134	2370	Charles	Mwangi	Male	Elite	368	Main Race Wave Elite	41:04.4	00:01:36	00:01:36	00:00:00	02:32:19	2370	00:53:29	00:51:53	02:33:55	02:13:15	02:11:39	39:28.2	Wave	1'58"/Km	1'57"/Km
135	2242	Raphael	Sirengo	Male	Elite	240	Main Race Wave Elite	40:09.6	00:00:41	00:00:41	00:00:00	02:32:56	2242	00:56:20	00:55:38	02:33:37	02:12:52	02:12:11	39:28.2	Wave	1'58"/Km	1'57"/Km
136	2048	Abdengo	Musau	Male	Elite	48	Main Race Wave Elite	40:46.0	00:01:17	00:01:17	00:00:00	02:33:27	2048	00:59:10	00:57:53	02:34:44	02:13:40	02:12:22	39:28.2	Wave	1'59"/Km	1'58"/Km
137	2132	Brian	Dan	Male	Elite	131	Main Race Wave Elite	40:58.8	00:01:30	00:01:30	00:00:00	02:34:31	2132	00:50:39	00:49:08	02:36:02	02:16:07	02:14:36	39:28.2	Wave	2'00"/Km	1'59"/Km
138	2174	Elijah	Musembi	Male	Elite	172	Main Race Wave Elite	40:05.6	00:00:37	00:00:37	00:00:00	02:35:21	2174	00:57:15	00:56:38	02:35:59	02:16:07	02:15:30	39:28.2	Wave	2'00"/Km	1'59"/Km
139	2433	Kelvin	Dogo	Male	Elite	431	Main Race Wave Elite	40:08.3	00:00:40	00:00:40	00:00:00	02:35:21	3456	00:54:06	00:53:26	02:36:01	02:12:05	02:11:24	39:28.2	Wave	2'00"/Km	1'59"/Km
140	3088	John	Mark	Male	Elite	533	Main Race Wave Elite	40:20.6	00:00:52	00:00:52	00:00:00	02:36:05	3243	00:55:09	00:54:17	02:36:57	02:14:12	02:13:19	39:28.2	Wave	2'01"/Km	2'00"/Km
141	2377	Kevin	Mwaura	Male	Elite	375	Main Race Wave Elite	41:08.0	00:01:39	00:01:39	00:00:00	02:36:11	2377	00:58:12	00:56:32	02:37:51	02:19:34	02:17:54	39:28.2	Wave	2'01"/Km	2'00"/Km
142	2086	Martin	Ngaruiya	Male	Elite	86	Main Race Wave Elite	40:16.5	00:00:48	00:00:48	00:00:00	02:36:42	2086	00:53:31	00:52:43	02:37:30	02:15:27	02:14:38	39:28.2	Wave	2'01"/Km	2'00"/Km
143	2089	Fredrick	Waore	Male	Elite	89	Main Race Wave Elite	40:43.2	00:01:15	00:01:15	00:00:00	02:36:42	2089	01:00:53	00:59:38	02:37:57	02:20:04	02:18:49	39:28.2	Wave	2'01"/Km	2'00"/Km
144	2074	Kevin	Mwangi	Male	Elite	74	Main Race Wave Elite	41:21.5	00:01:53	00:01:53	00:00:00	02:38:38	2074	00:58:36	00:56:43	02:40:32	02:18:45	02:16:52	39:28.2	Wave	2'03"/Km	2'02"/Km
145	2325	Kephss	Ojerna	Male	Elite	323	Main Race Wave Elite	42:24.6	00:02:56	00:02:56	00:00:00	02:39:33	2325	00:59:51	00:56:54	02:42:29	02:22:46	02:19:50	39:28.2	Wave	2'05"/Km	2'03"/Km
146	2263	Anthony	Adera	Male	Elite	261	Main Race Wave Elite	40:50.2	00:01:22	00:01:22	00:00:00	02:40:10	2263	01:00:51	00:59:29	02:41:32	02:22:50	02:21:28	39:28.2	Wave	2'04"/Km	2'03"/Km
147	2187	Kenneth	Kinyanjui	Male	Elite	185	Main Race Wave Elite	41:43.0	00:02:14	00:02:14	00:00:00	02:40:11	2187	01:02:35	01:00:20	02:42:26	02:24:02	02:21:47	39:28.2	Wave	2'05"/Km	2'03"/Km
148	3029	Sammy	Kabesa	Male	Elite	475	Main Race Wave Elite	42:00.9	00:02:32	00:02:32	00:00:00	02:40:14	3184	01:06:57	01:04:24	02:42:47	02:25:04	02:22:32	39:28.2	Wave	2'05"/Km	2'03"/Km
149	2351	Oliver	Kilaha	Male	Elite	349	Main Race Wave Elite	41:37.1	00:02:08	00:02:08	00:00:00	02:40:38	2351	01:06:57	01:04:49	02:42:47	02:25:05	02:22:57	39:28.2	Wave	2'05"/Km	2'03"/Km
150	2373	Ian	Kimani	Male	Elite	371	Main Race Wave Elite	40:18.9	00:00:50	00:00:50	00:00:00	02:40:41	2373	00:58:34	00:57:43	02:41:31	02:23:35	02:22:44	39:28.2	Wave	2'04"/Km	2'03"/Km
151	2389	Michael	Nzomo	Male	Elite	387	Main Race Wave Elite	40:51.4	00:01:23	00:01:23	00:00:00	02:40:58	2389	00:56:31	00:55:07	02:42:22	02:24:48	02:23:24	39:28.2	Wave	2'05"/Km	2'04"/Km
152	2281	Yunus	Badri	Male	Elite	279	Main Race Wave Elite	40:30.4	00:01:02	00:01:02	00:00:00	02:41:18	2281	01:01:42	01:00:40	02:42:20	02:24:56	02:23:54	39:28.2	Wave	2'05"/Km	2'04"/Km
153	2151	Albert	Kamau	Male	Elite	150	Main Race Wave Elite	41:38.8	00:02:10	00:02:10	00:00:00	02:41:52	2151	01:05:30	01:03:19	02:44:03	02:25:05	02:22:54	39:28.2	Wave	2'06"/Km	2'04"/Km
154	3015	Jared	Anari	Male	Elite	461	Main Race Wave Elite	42:03.6	00:02:35	00:02:35	00:00:00	02:41:57	3170	01:00:53	00:58:17	02:44:32	02:23:32	02:20:56	39:28.2	Wave	2'06"/Km	2'04"/Km
155	2024	Huria	Karugu	Male	Elite	24	Main Race Wave Elite	41:54.2	00:02:26	00:02:26	00:00:00	02:41:59	2024	01:03:29	01:01:03	02:44:25	02:25:41	02:23:15	39:28.2	Wave	2'06"/Km	2'04"/Km
156	2238	Michael	Wanyoike	Male	Elite	236	Main Race Wave Elite	41:20.9	00:01:52	00:01:52	00:00:00	02:42:59	2238	01:03:12	01:01:19	02:44:51	02:25:12	02:23:19	39:28.2	Wave	2'07"/Km	2'05"/Km
157	2031	Brian	Bawa	Male	Elite	31	Main Race Wave Elite	41:02.3	00:01:34	00:01:34	00:00:00	02:43:16	2031	00:59:52	00:58:18	02:44:50	02:21:23	02:19:49	39:28.2	Wave	2'07"/Km	2'05"/Km
158	2103	Israel	Zaddock Koech	Male	Elite	103	Main Race Wave Elite	40:16.4	00:00:48	00:00:48	00:00:00	02:43:25	2103	01:01:44	01:00:56	02:44:14	02:26:08	02:25:20	39:28.2	Wave	2'06"/Km	2'06"/Km
159	2274	David	Lukania	Male	Elite	272	Main Race Wave Elite	42:12.3	00:02:44	00:02:44	00:00:00	02:48:12	2274	01:03:34	01:00:50	02:50:56	02:25:03	02:22:19	39:28.2	Wave	2'11"/Km	2'09"/Km
160	2135	Anthony	Nyandigisi	Male	Elite	134	Main Race Wave Elite	41:45.1	00:02:16	00:02:16	00:00:00	02:48:15	2135	01:08:31	01:06:14	02:50:32	02:29:12	02:26:55	39:28.2	Wave	2'11"/Km	2'09"/Km
161	2136	Okoth	Tyson	Male	Elite	135	Main Race Wave Elite	41:42.1	00:02:13	00:02:13	00:00:00	02:48:19	2136	01:08:32	01:06:18	02:50:33	02:29:21	02:27:07	39:28.2	Wave	2'11"/Km	2'09"/Km
162	2341	Edward	Gould	Male	Elite	339	Main Race Wave Elite	41:20.3	00:01:52	00:01:52	00:00:00	02:48:21	2341	01:06:57	01:05:05	02:50:14	02:25:57	02:24:05	39:28.2	Wave	2'11"/Km	2'09"/Km
163	2049	Ron	Kipchumba	Male	Elite	49	Main Race Wave Elite	41:40.5	00:02:12	00:02:12	00:00:00	02:48:24	2049	01:08:10	01:05:58	02:50:37	02:28:28	02:26:15	39:28.2	Wave	2'11"/Km	2'09"/Km
164	2280	Dan	Brayan	Male	Elite	278	Main Race Wave Elite	41:20.2	00:01:52	00:01:52	00:00:00	02:48:25	2280	01:06:53	01:05:01	02:50:17	02:28:31	02:26:39	39:28.2	Wave	2'11"/Km	2'09"/Km
165	2444	Newton	Odhiambo	Male	Elite	439	Main Race Wave Elite	41:38.1	00:02:09	00:02:09	00:00:00	02:48:41	1940	01:01:12	00:59:02	02:50:51	02:27:41	02:25:31	39:28.2	Wave	2'11"/Km	2'10"/Km
166	2172	Brian	Gichora	Male	Elite	170	Main Race Wave Elite	41:41.4	00:02:13	00:02:13	00:00:00	02:48:42	2172	01:05:29	01:03:16	02:50:55	02:26:27	02:24:13	39:28.2	Wave	2'11"/Km	2'10"/Km
167	2078	Caleb	Chepcheng	Male	Elite	78	Main Race Wave Elite	40:56.8	00:01:28	00:01:28	00:00:00	02:48:44	2078	01:04:33	01:03:04	02:50:13	02:30:07	02:28:38	39:28.2	Wave	2'11"/Km	2'10"/Km
168	2068	Innocent	Abayo	Male	Elite	68	Main Race Wave Elite															

183	3060	Richard	Muthoka	Male	Elite	505	Main Race Wave Elite	41:26.0	00:01:57	00:01:57	00:00:00	02:54:09	3215	01:09:11	01:07:13	02:56:07	02:35:30	02:33:32	39:28.2	Wave	2'15"/Km	2'14"/Km
184	2184	Ikreet	Kenth	Male	Elite	182	Main Race Wave Elite	41:19.2	00:01:51	00:01:51	00:00:00	02:54:12	2184	01:05:45	01:03:54	02:56:03	02:33:54	02:32:03	39:28.2	Wave	2'15"/Km	2'14"/Km
RANK	Bib	Name	Surname	Gender	Category	#	Wave	Start raw time	Start net time	Start.toficial	Start.treal	Finish.treal	Tag	Split 1.toficial	Split 1.treal	Finish.toficial	Split 2.toficial	Split 2.treal	Start Time	Start Time Mode	Finish.avg	Finish.netavg
185	2297	Nasir	Lyombe	Male	Elite	295	Main Race Wave Elite	41:09.2	00:01:41	00:01:41	00:00:00	02:54:19	2297	01:10:20	01:08:39	02:56:00	02:36:52	02:35:11	39:28.2	Wave	2'15"/Km	2'14"/Km
186	2118	Edwin	Jaremba	Male	Elite	118	Main Race Wave Elite	40:39.9	00:01:11	00:01:11	00:00:00	02:54:50	2118	01:01:31	01:00:19	02:56:02	02:28:44	02:27:32	39:28.2	Wave	2'15"/Km	2'14"/Km
187	2081	Alvin	Muchai	Male	Elite	81	Main Race Wave Elite	40:33.1	00:01:04	00:01:04	00:00:00	02:54:54	2081	01:04:52	01:03:47	02:55:59	02:33:05	02:32:00	39:28.2	Wave	2'15"/Km	2'14"/Km
188	2105	Victor	Toweet	Male	Elite	105	Main Race Wave Elite	40:20.1	00:00:51	00:00:51	00:00:00	02:54:58	2105	01:06:08	01:05:16	02:55:50	02:33:13	02:32:21	39:28.2	Wave	2'15"/Km	2'14"/Km
189	3010	Philip	Ochieng	Male	Elite	456	Main Race Wave Elite	40:39.0	00:01:10	00:01:10	00:00:00	02:55:11	3165	01:10:09	01:08:58	02:56:21	02:38:24	02:37:13	39:28.2	Wave	2'16"/Km	2'15"/Km
190	2338	Malemo	Innocent	Male	Elite	336	Main Race Wave Elite	40:26.7	00:00:58	00:00:58	00:00:00	02:55:26	2338	00:53:29	00:52:31	02:56:24	02:36:08	02:35:10	39:28.2	Wave	2'16"/Km	2'15"/Km
191	2037	Abhinav	Shah	Male	Elite	37	Main Race Wave Elite	40:40.4	00:01:12	00:01:12	00:00:00	02:55:28	2037	01:06:37	01:05:25	02:56:40	02:39:17	02:38:04	39:28.2	Wave	2'16"/Km	2'15"/Km
192	2244	James	Karuga	Male	Elite	242	Main Race Wave Elite	40:54.2	00:01:26	00:01:26	00:00:00	02:56:42	2244	01:07:06	01:05:40	02:58:08	02:38:55	02:37:29	39:28.2	Wave	2'17"/Km	2'16"/Km
193	2276	Shem	Obura	Male	Elite	274	Main Race Wave Elite	40:21.3	00:00:53	00:00:53	00:00:00	02:57:05	2276	01:06:55	01:06:02	02:57:58	02:38:36	02:37:43	39:28.2	Wave	2'17"/Km	2'16"/Km
194	3047	Yassin	Hussein	Male	Elite	492	Main Race Wave Elite	40:51.7	00:01:23	00:01:23	00:00:00	02:57:23	3202	01:03:39	01:02:15	02:58:47	02:29:28	02:28:05	39:28.2	Wave	2'17"/Km	2'16"/Km
195	2388	Raphael	Kigomo	Male	Elite	386	Main Race Wave Elite	41:36.3	00:02:08	00:02:08	00:00:00	02:57:34	2388	01:06:02	01:03:54	02:59:42	02:39:18	02:37:09	39:28.2	Wave	2'18"/Km	2'16"/Km
196	2348	Caesar	Macharia	Male	Elite	346	Main Race Wave Elite	41:24.2	00:01:56	00:01:56	00:00:00	02:57:37	2348	01:05:39	01:03:43	02:59:33	02:30:43	02:28:47	39:28.2	Wave	2'18"/Km	2'16"/Km
197	2003	Brian	Kipchumba	Male	Elite	3	Main Race Wave Elite	40:42.3	00:01:14	00:01:14	00:00:00	02:58:25	2003	01:06:15	01:05:01	02:59:39	02:40:33	02:39:18	39:28.2	Wave	2'18"/Km	2'17"/Km
198	3046	Talish	Bagha	Male	Elite	491	Main Race Wave Elite	40:52.7	00:01:24	00:01:24	00:00:00	02:58:47	3201	01:03:41	01:02:17	03:00:11	02:38:00	02:36:36	39:28.2	Wave	2'18"/Km	2'17"/Km
199	2254	Samuel	Gichuki	Male	Elite	252	Main Race Wave Elite	41:26.4	00:01:58	00:01:58	00:00:00	02:59:34	2254	01:06:53	01:04:55	03:01:32	02:41:09	02:39:11	39:28.2	Wave	2'20"/Km	2'18"/Km
200	2196	Nicholas	Kamau	Male	Elite	194	Main Race Wave Elite	40:19.5	00:00:51	00:00:51	00:00:00	03:00:41	2196	00:59:52	00:59:01	03:01:33	02:38:44	02:37:53	39:28.2	Wave	2'20"/Km	2'19"/Km
201	2372	Barry	Opiyo	Male	Elite	370	Main Race Wave Elite	41:17.7	00:01:49	00:01:49	00:00:00	03:07:12	2372	01:06:58	01:05:08	03:09:01	02:35:04	02:33:14	39:28.2	Wave	2'25"/Km	2'24"/Km
202	3039	Howard	Mugambi	Male	Elite	484	Main Race Wave Elite	42:05.0	00:02:36	00:02:36	00:00:00	03:09:28	3194	01:10:01	01:07:25	03:12:05	02:47:39	02:45:02	39:28.2	Wave	2'28"/Km	2'26"/Km
203	3023	Clive	Muita	Male	Elite	469	Main Race Wave Elite	42:05.4	00:02:37	00:02:37	00:00:00	03:09:59	3178	01:13:56	01:11:19	03:12:36	02:46:12	02:43:35	39:28.2	Wave	2'28"/Km	2'26"/Km
204	2123	Mahinda	Mwangi	Male	Elite	123	Main Race Wave Elite	41:46.1	00:02:17	00:02:17	00:00:00	03:10:03	2123	01:07:56	01:05:38	03:12:21	02:43:35	02:41:17	39:28.2	Wave	2'28"/Km	2'26"/Km
205	3064	Martha	Simiyu	Male	Elite	509	Main Race Wave Elite	41:40.2	00:02:12	00:02:12	00:00:00	03:10:10	3219	01:13:24	01:11:12	03:12:22	02:47:05	02:44:53	39:28.2	Wave	2'28"/Km	2'26"/Km
206	2414	Brian	Wambua	Male	Elite	412	Main Race Wave Elite	41:22.1	00:01:53	00:01:53	00:00:00	03:10:29	2414	01:10:54	01:09:01	03:12:23	02:47:13	02:45:19	39:28.2	Wave	2'28"/Km	2'26"/Km
207	2030	Samuel	Mbatia	Male	Elite	30	Main Race Wave Elite	41:06.8	00:01:38	00:01:38	00:00:00	03:10:42	2030	01:06:50	01:05:11	03:12:21	02:42:23	02:40:44	39:28.2	Wave	2'28"/Km	2'27"/Km
208	2404	Kenneth	Oduor	Male	Elite	402	Main Race Wave Elite	41:10.6	00:01:42	00:01:42	00:00:00	03:10:54	2404	01:09:53	01:08:10	03:12:36	02:47:02	02:45:19	39:28.2	Wave	2'28"/Km	2'27"/Km
209	2110	Paul Mandela	Mnyika	Male	Elite	110	Main Race Wave Elite	40:59.9	00:01:31	00:01:31	00:00:00	03:10:55	2110	01:08:28	01:06:56	03:12:26	02:45:48	02:44:16	39:28.2	Wave	2'28"/Km	2'27"/Km
210	2431	Martin	Kinyanjui	Male	Elite	429	Main Race Wave Elite	40:58.3	00:01:30	00:01:30	00:00:00	03:10:58	2431	01:08:28	01:06:58	03:12:28	02:45:48	02:44:18	39:28.2	Wave	2'28"/Km	2'27"/Km
211	2313	Daniel	Kigo	Male	Elite	311	Main Race Wave Elite	40:32.3	00:01:04	00:01:04	00:00:00	03:11:16	2313	01:08:01	01:06:57	03:12:20	02:44:03	02:42:59	39:28.2	Wave	2'28"/Km	2'27"/Km
212	2369	Hamilton	Jadah	Male	Elite	367	Main Race Wave Elite	40:07.1	00:00:38	00:00:38	00:00:00	03:11:41	2369	01:26:49	01:26:10	03:12:20	02:48:00	02:47:21	39:28.2	Wave	2'28"/Km	2'27"/Km
213	2385	Teddy	Macharia	Male	Elite	383	Main Race Wave Elite	40:56.1	00:01:27	00:01:27	00:00:00	03:12:04	2385	01:10:02	01:08:34	03:13:32	02:49:47	02:48:19	39:28.2	Wave	2'29"/Km	2'28"/Km
214	3036	Keneth	Karuba	Male	Elite	481	Main Race Wave Elite	40:52.2	00:01:24	00:01:24	00:00:00	03:13:50	3191	01:08:34	01:07:10	03:15:14	02:52:31	02:51:07	39:28.2	Wave	2'30"/Km	2'29"/Km
215	2402	Kyalo	Mutua	Male	Elite	400	Main Race Wave Elite	41:19.4	00:01:51	00:01:51	00:00:00	03:13:54	2402	01:02:38	01:00:47	03:15:45	02:46:19	02:44:27	39:28.2	Wave	2'30"/Km	2'29"/Km
216	2134	B. Keen	Keen	Male	Elite	133	Main Race Wave Elite	40:03.7	00:00:35	00:00:35	00:00:00	03:16:15	2134	01:14:39	01:14:03	03:16:51	02:54:33	02:53:58	39:28.2	Wave	2'31"/Km	2'31"/Km
217	2441	Ron	Mbatia	Male	Elite	436	Main Race Wave Elite	40:51.4	00:01:23	00:01:23	00:00:00	03:16:24	1936	01:10:16	01:08:53	03:17:48	02:53:52	02:52:29	39:28.2	Wave	2'32"/Km	2'31"/Km
218	2299	Allan	Haggai	Male	Elite	297	Main Race Wave Elite	41:20.6	00:01:52	00:01:52	00:00:00	03:17:31	2299	01:11:18	01:09:26	03:19:23	02:55:24	02:53:32	39:28.2	Wave	2'33"/Km	2'32"/Km
219	2190	Alvin	Kibet	Male	Elite	188	Main Race Wave Elite	42:05.7	00:02:37	00:02:37	00:00:00	03:17:43	2190	01:14:22	01:11:44	03:20:21	02:58:35	02:55:57	39:28.2	Wave	2'34"/Km	2'32"/Km
220	2265	Richard	Kuria	Male	Elite	263	Main Race Wave Elite	40:56.9	00:01:28	00:01:28	00:00:00	03:18:07	2265	01:11:49	01:10:20	03:19:36	02:55:20	02:53:52	39:28.2	Wave	2'33"/Km	2'32"/Km
221	2368	Bob	Nderitu	Male	Elite	366	Main Race Wave Elite	40:34.0	00:01:05	00:01:05	00:00:00	03:18:09	2368	01:02:51	01:01:45	03:19:15	02:54:49	02:53:43	39:28.2	Wave	2'33"/Km	2'32"/Km
222	2235	David Maitho	Thige	Male	Elite	233	Main Race Wave Elite	40:24.5	00:00:56	00:00:56	00:00:00	03:19:15	2235	01:13:31	01:12:35	03:20:11	02:56:10	02:55:14	39:28.2	Wave	2'34"/Km	2'33"/Km
223	3073	Albert	Omosa	Male	Elite	518	Main Race Wave Elite	41:53.4	00:02:25	00:02:25	00:00:00	03:19:35	3228	01:18:33	01:16:08	03:22:01	02:58:53	02:56:28	39:28.2	Wave	2'35"/Km	2'33"/Km
224	3003	John	Musudi	Male	Elite	450	Main Race Wave Elite	41:51.7	00:02:23	00:02:23	00:00:00	03:19:55	3159	01:09:17	01:06:54	03:22:19	02:53:44	02:51:21	39:28.2	Wave	2'36"/Km	2'34"/Km
225	3004	Patrick	Kabui	Male	Elite	451	Main Race Wave Elite	41:51.7	00:02:23	00:02:23	00:00:00	03:19:55	3159	01:09:17	01:06:54	03:22:19	02:53:44	02:51:21	39:28.2	Wave	2'36"/Km	2'34"/Km
226	2447	Mohammed	Ali	Male	Elite	442	Main Race Wave Elite	41:11.6	00:01:43	00:01:43	00:00:00	03:20:29	1949	01:11:30	01:09:46	03:22:13	02:53:39	02:51:56	39:28.2	Wave	2'35"/Km	2'34"/Km
227	2400	Tiberius	Odhiambo	Male	Elite	398	Main Race Wave Elite	41:17.9	00:01:49	00:01:49	00:00:00	03:20:46	2400	01:08:13	01:06:23	03:22:36	02:56:45	02:54:55	39:28.2	Wave	2'36"/Km	2'34"/Km
228	2246	Michael	Ngari	Male	Elite	244	Main Race Wave Elite	40:35.5	00:01:07	00:01:07	00:00:00	03:21:20	2246	01:13:00	01:11:53	03:22:28	02:59:57	02:58:49	39:28.2	Wave	2'36"/Km	2'35"/Km
229	2394	Joseph	Ndwiga	Male	Elite	392	Main Race Wave Elite	42:08.6	00:02:40	00:02:40	00:00:00	03:23:06	2394	01:14:33	01:11:53	03:25:47	03:01:27	02:58:47	39:28.2	Wave	2'38"/Km	2'36"/Km
230	2202	Felix	Otuko	Male	Elite	200	Main Race Wave Elite	41:15.5	00:01:47	00:01:47	00:00:00	03:23:39	2202	01:15:56	01:14:09	03:25:26	03:03:17	03:01:29	39:28.2	Wave	2'38"/Km	2'37"/Km
231	3049	Leonard	Mutai	Male	Elite	494	Main Race Wave Elite	41:16.1	00:01:47	00:01:47	00:00:00	03:23:58	3204	01:11:07	01:09:19	03:25:46	03:05:19	03:03:31	39:28.2	Wave	2'38"/Km	2'37"/Km
232	2241	Renald	Olando	Male	Elite	239	Main Race Wave Elite	40:18.7	00:00:50	00:00:50	00:00:00	03:24:40	2241	01:05:54	01:05:03	03:25:31	02:55:25	02:54:35	39:28.2	Wave	2'38"/Km	2'37"/Km
23																						

248	2058	Innocent	Mwaura	Male	Elite	58	Main Race Wave Elite	41:30.5	00:02:02	00:02:02	00:00:00	03:37:12	2058	01:15:58	01:13:56	03:39:14	03:14:26	03:12:24	39:28.2	Wave	2'49"/Km	2'47"/Km
249	2147	James	Kinga	Male	Elite	146	Main Race Wave Elite	41:05.2	00:01:37	00:01:37	00:00:00	03:37:24	2147	01:12:21	01:10:44	03:39:01	03:16:21	03:14:44	39:28.2	Wave	2'48"/Km	2'47"/Km
250	3045	David	Wainia	Male	Elite	490	Main Race Wave Elite	40:31.9	00:01:03	00:01:03	00:00:00	03:37:26	3200	01:04:02	01:02:58	03:38:29	03:15:37	03:14:34	39:28.2	Wave	2'48"/Km	2'47"/Km
RANK	Bib	Name	Surname	Gender	Category	#	Wave	Start raw time	Start net time	Start.toficial	Start.treal	Finish.treal	Tag	Split 1.toficial	Split 1.treal	Finish.toficial	Split 2.toficial	Split 2.treal	Start Time	Start Time Mode	Finish.avg	Finish.netavg
251	2294	Samuel	Mburu	Male	Elite	292	Main Race Wave Elite	41:20.9	00:01:52	00:01:52	00:00:00	03:38:26	2294	01:21:22	01:19:29	03:40:19	03:13:33	03:11:40	39:28.2	Wave	2'49"/Km	2'48"/Km
252	2417	Livingstone	Talel	Male	Elite	415	Main Race Wave Elite	41:17.7	00:01:49	00:01:49	00:00:00	03:38:29	2417	01:21:20	01:19:30	03:40:19	03:13:33	03:11:43	39:28.2	Wave	2'49"/Km	2'48"/Km
253	3008	Jackson	Kanyeki	Male	Elite	454	Main Race Wave Elite	41:06.0	00:01:37	00:01:37	00:00:00	03:40:51	3163	01:22:22	01:20:44	03:42:29	03:15:47	03:14:09	39:28.2	Wave	2'51"/Km	2'50"/Km
254	2445	Ian	Mole	Male	Elite	440	Main Race Wave Elite	42:07.6	00:02:39	00:02:39	00:00:00	03:41:02	1941	01:17:41	01:15:01	03:43:41	03:13:58	03:11:18	39:28.2	Wave	2'52"/Km	2'50"/Km
255	2127	Titus	Mutai	Male	Elite	127	Main Race Wave Elite	40:48.1	00:01:19	00:01:19	00:00:00	03:42:05	2127	01:15:06	01:13:46	03:43:25	03:15:33	03:14:13	39:28.2	Wave	2'52"/Km	2'51"/Km
256	2266	Cyrus	Gitonga	Male	Elite	264	Main Race Wave Elite	40:51.2	00:01:22	00:01:22	00:00:00	03:44:28	2266	01:15:48	01:14:25	03:45:51	03:17:01	03:15:38	39:28.2	Wave	2'54"/Km	2'53"/Km
257	3053	Troy	Barrie	Male	Elite	498	Main Race Wave Elite	40:15.2	00:00:47	00:00:47	00:00:00	03:45:58	3208	01:58:02	01:57:15	03:46:45	03:26:01	03:25:14	39:28.2	Wave	2'54"/Km	2'54"/Km
258	2336	Nelson	Mandela	Male	Elite	334	Main Race Wave Elite	41:24.2	00:01:56	00:01:56	00:00:00	03:46:40	2336	01:27:25	01:25:29	03:48:36	03:24:11	03:22:15	39:28.2	Wave	2'56"/Km	2'54"/Km
259	2201	Duke	Gesimba	Male	Elite	199	Main Race Wave Elite	40:54.1	00:01:25	00:01:25	00:00:00	03:47:28	2201	01:12:54	01:11:28	03:48:53	03:15:43	03:14:17	39:28.2	Wave	2'56"/Km	2'55"/Km
260	2432	Kevin	Chege	Male	Elite	430	Main Race Wave Elite	40:31.1	00:01:02	00:01:02	00:00:00	03:49:18	3455	01:20:15	01:19:12	03:50:21	03:25:30	03:24:27	39:28.2	Wave	2'57"/Km	2'56"/Km
261	2205	Peter	Kariuki	Male	Elite	203	Main Race Wave Elite	41:48.9	00:02:20	00:02:20	00:00:00	03:49:28	2205	01:24:12	01:21:52	03:51:49	03:24:39	03:22:18	39:28.2	Wave	2'58"/Km	2'56"/Km
262	2067	Daniel	Ogonya	Male	Elite	67	Main Race Wave Elite	40:35.5	00:01:07	00:01:07	00:00:00	03:51:15	2067	01:12:41	01:11:33	03:52:22	03:17:35	03:16:28	39:28.2	Wave	2'59"/Km	2'58"/Km
263	2026	Joseph	Kanyi	Male	Elite	26	Main Race Wave Elite	41:36.9	00:02:08	00:02:08	00:00:00	03:54:28	2026	01:22:54	01:20:45	03:56:37	03:31:06	03:28:57	39:28.2	Wave	3'02"/Km	3'00"/Km
264	2212	Jackson	Mwanzia	Male	Elite	210	Main Race Wave Elite	41:56.8	00:02:28	00:02:28	00:00:00	03:58:27	2212	01:29:31	01:27:02	04:00:56	03:33:46	03:31:18	39:28.2	Wave	3'05"/Km	3'03"/Km
265	2383	Titus	Kihui	Male	Elite	381	Main Race Wave Elite	41:49.8	00:02:21	00:02:21	00:00:00	04:02:18	2383	01:23:18	01:20:56	04:04:39	03:35:57	03:33:35	39:28.2	Wave	3'08"/Km	3'06"/Km
266	2125	Adam	Rajabali	Male	Elite	125	Main Race Wave Elite	40:56.9	00:01:28	00:01:28	00:00:00	04:10:52	2125	01:28:03	01:26:34	04:12:21	03:45:13	03:43:44	39:28.2	Wave	3'14"/Km	3'13"/Km
267	2401	Brian	Ndirangu	Male	Elite	399	Main Race Wave Elite	41:19.7	00:01:51	00:01:51	00:00:00	04:12:56	2401	01:36:47	01:34:56	04:14:48	03:47:00	03:45:08	39:28.2	Wave	3'16"/Km	3'15"/Km
268	3001	Reuben	Mwenda	Male	Elite	448	Main Race Wave Elite	42:09.0	00:02:40	00:02:40	00:00:00	04:31:48	3161	01:51:20	01:48:39	04:34:29	04:08:03	04:05:22	39:28.2	Wave	3'31"/Km	3'29"/Km
269	3006	Reuben	Mwenda	Male	Elite	452	Main Race Wave Elite	42:09.0	00:02:40	00:02:40	00:00:00	04:31:48	3161	01:51:20	01:48:39	04:34:29	04:08:03	04:05:22	39:28.2	Wave	3'31"/Km	3'29"/Km
DNQ	2004	Peter	Ogaga	Male	Elite	4	Main Race Wave Elite	40:59.1	00:01:30	00:01:30	00:00:00	02:26:56	2004	01:19:40	01:18:09	02:28:27			39:28.2	Wave	1'54"/Km	1'53"/Km
DNQ	2005	Frankline	Yego	Male	Elite	5	Main Race Wave Elite	-					2005						39:28.2	Wave		
DNQ	2008	George	Mosomi	Male	Elite	8	Main Race Wave Elite	-				02:11:28	2008	01:56:01	01:56:01	02:11:28			39:28.2	Wave	1'41"/Km	1'41"/Km
DNQ	2009	Eric	Kariuki	Male	Elite	9	Main Race Wave Elite	-					2009						39:28.2	Wave		
DNQ	2010	Augustine	Njau	Male	Elite	10	Main Race Wave Elite	-				02:39:23	2010	02:11:25	02:11:25	02:39:23			39:28.2	Wave	2'02"/Km	2'02"/Km
DNQ	2011	Augustine	Njau	Male	Elite	11	Main Race Wave Elite	-					2011						39:28.2	Wave		
DNQ	2012	Augustine	Njau	Male	Elite	12	Main Race Wave Elite	-					2012						39:28.2	Wave		
DNQ	2013	Augustine	Njau	Male	Elite	13	Main Race Wave Elite	-				02:35:53	2013	02:11:20	02:11:20	02:35:53			39:28.2	Wave	2'00"/Km	2'00"/Km
DNQ	2015	Stanley	Jaizino	Male	Elite	15	Main Race Wave Elite	41:02.4	00:01:34	00:01:34	00:00:00	02:18:23	2015	01:03:08	01:01:33	02:19:57			39:28.2	Wave	1'47"/Km	1'46"/Km
DNQ	2016	Kevin	Kimatu	Male	Elite	16	Main Race Wave Elite	-					2016						39:28.2	Wave		
DNQ	2020	James	King	Male	Elite	20	Main Race Wave Elite	-					2020						39:28.2	Wave		
DNQ	2022	Joseph	Nganga	Male	Elite	22	Main Race Wave Elite	40:05.3	00:00:37	00:00:37	00:00:00		2022	01:19:34	01:18:57				39:28.2	Wave		
DNQ	2027	Peter	Thuku	Male	Elite	27	Main Race Wave Elite	-					2027						39:28.2	Wave		
DNQ	2028	James	Kimathi	Male	Elite	28	Main Race Wave Elite	-					2028						39:28.2	Wave		
DNQ	2032	Richard	Kilea	Male	Elite	32	Main Race Wave Elite	42:06.9	00:02:38	00:02:38	00:00:00	02:53:17	2032	01:24:30	01:21:51	02:55:56			39:28.2	Wave	2'15"/Km	2'13"/Km
DNQ	2034	Kibet	Korir	Male	Elite	34	Main Race Wave Elite	41:00.0	00:01:31	00:01:31	00:00:00	02:21:11	2034	01:21:46	01:20:14	02:22:43			39:28.2	Wave	1'50"/Km	1'48"/Km
DNQ	2035	Isaac	Engoke	Male	Elite	35	Main Race Wave Elite	40:35.5	00:01:07	00:01:07	00:00:00	02:55:12	2035	01:17:08	01:16:01	02:56:19			39:28.2	Wave	2'15"/Km	2'15"/Km
DNQ	2036	Joel	Wekesa	Male	Elite	36	Main Race Wave Elite	-					2036						39:28.2	Wave		
DNQ	2039	Kazim	Panju	Male	Elite	39	Main Race Wave Elite	-					2039						39:28.2	Wave		
DNQ	2040	Benjamin Mule	Kisilu	Male	Elite	40	Main Race Wave Elite	-					2040						39:28.2	Wave		
DNQ	2041	Thinji	Kariuki	Male	Elite	41	Main Race Wave Elite	-					2041						39:28.2	Wave		
DNQ	2044	Mike	Lai	Male	Elite	44	Main Race Wave Elite	-					2044						39:28.2	Wave		
DNQ	2045	Daniel	Kubai	Male	Elite	45	Main Race Wave Elite	40:32.5	00:01:04	00:01:04	00:00:00	02:36:36	2045	02:18:43	02:17:38	02:37:41			39:28.2	Wave	2'01"/Km	2'00"/Km
DNQ	2046	Wayne	Odiambo	Male	Elite	46	Main Race Wave Elite	-					2046						39:28.2	Wave		
DNQ	2051	Kaimenyi	Kimathi	Male	Elite	51	Main Race Wave Elite	-					2051						39:28.2	Wave		
DNQ	2054	Dennis	Odete	Male	Elite	54	Main Race Wave Elite	40:33.4	00:01:05	00:01:05	00:00:00	02:49:52	2054			02:50:57			39:28.2	Wave	2'11"/Km	2'11"/Km
DNQ	2056	Paul	Mururi	Male	Elite	56	Main Race Wave Elite	-					2056						39:28.2	Wave		
DNQ	2059	John	John	Male	Elite	59	Main Race Wave Elite	-					2059						39:28.2	Wave		
DNQ	2060	Stephen Muchiri	Kinyua	Male	Elite	60	Main Race Wave Elite	40:17.3	00:00:49	00:00:49	00:00:00	03:21:56	2060	01:35:47	01:34:58	03:22:45			39:28.2	Wave	2'36"/Km	2'35"/Km
DNQ	2063	Daniel	Njorge	Male	Elite	63	Main Race Wave Elite	-					2063						39:28.2	Wave		
DNQ	2065	Dawood	Farrah	Male	Elite	65	Main Race Wave Elite	41:27.6	00:01:59	00:01:59	00:00:00	02:38:44	2065	02:17:56	02:15:56	02:40:44			39:28.2	Wave	2'03"/Km	2'02"/Km
DNQ	2069	Dennis	Kirui	Male	Elite	69	Main Race Wave Elite	-					2069						39:28.2	Wave		
DNQ	2070	Aziz	Janoowalla	Male	Elite	70	Main Race Wave Elite	40:46.7	00:01:18	00:01:18	00:00:00	02:21:11	2070	00:56:32	00:55:13	02:22:30			39:28.2	Wave	1'49"/Km	1'48"/Km
DNQ	2071	Antony	Mbugua	Male	Elite	71	Main Race Wave Elite	40:48.8	00:01:20	00:01:20	00:00:00	03:19:03	2071	01:37:53	01:36:33	03:20:23			39:28.2	Wave	2'34"/Km	2'33"/Km
DNQ	2072	Ken	Kamau	Male	Elite	72	Main Race Wave Elite	-					2072						39:28.2	Wave		
DNQ	2073	David	Ogoti	Male	Elite	73	Main Race Wave Elite	41:00.0	00:01:31	00:01:31	00:00:00	02:36:44	2073	01:14:11	01:12:39	02:38:16			39:28.2	Wave	2'02"/Km	2'00"/Km
DNQ	2075	Victor	Amata	Male	Elite	75	Main Race Wave Elite	-					2075						39:28.2	Wave		
DNQ	2080	Trevor	Mweresa	Male	Elite	80	Main Race Wave Elite	-					2080						39:28.2	Wave		
DNQ	2082	John	Obuoro	Male	Elite	82	Main Race Wave Elite	41:19.7	00:01:51	00:01:51	00:00:00	02:14:38	2082	01:44:46	01:42:55	02:16:29			39:28.2	Wave	1'45"/Km	1'43"/Km
DNQ	2085	Nderitu	Ndegwa	Male	Elite	85	Main Race Wave Elite	40:03.9	00:00:35	00:00:35	00:00:00	02:04:57	2085	01:39:46	01:39:10	02:05:33			39:28.2	Wave	1'36"/Km	1'36"/Km
DNQ																						

DNQ	2093	Samuel	Njagi	Male	Elite	93	Main Race Wave Elite	-						2093							39:28.2	Wave			
DNQ	2095	Clinton	Okuku	Male	Elite	95	Main Race Wave Elite	-					03:22:06	2095	02:24:10	02:24:10	03:22:06				39:28.2	Wave	2'35"/Km	2'35"/Km	
DNQ	2096	David	Nyunabandi Kb	Male	Elite	96	Main Race Wave Elite	-					03:28:34	2096			03:28:34				39:28.2	Wave	2'40"/Km	2'40"/Km	
DNQ	2099	William	Papateti	Male	Elite	99	Main Race Wave Elite	-	41:48.0	00:02:19	00:02:19	00:00:00	01:46:10	2099	01:16:08	01:13:48	01:48:30				39:28.2	Wave	1'23"/Km	1'21"/Km	
RANK	Bib	Name	Surname	Gender	Category	#	Wave	Start raw time	Start net time	Start.toficial	Start.treal	Finish.treal	Tag		Split 1.toficial	Split 1.treal	Finish.toficial	Split 2.toficial	Split 2.treal	Start Time	Start Time Mode	Finish.avg	Finish.netavg		
DNQ	2100	Jason	Tumu	Male	Elite	100	Main Race Wave Elite	-						2100							39:28.2	Wave			
DNQ	2101	Kandie	Cherogony	Male	Elite	101	Main Race Wave Elite	-						2101							39:28.2	Wave			
DNQ	2109	Eugene	Sunguti	Male	Elite	109	Main Race Wave Elite	-				02:30:59		2109	01:28:00	01:28:00	02:30:59				39:28.2	Wave	1'56"/Km	1'56"/Km	
DNQ	2111	Gregory	Koome	Male	Elite	111	Main Race Wave Elite	-	41:09.1	00:01:40	00:01:40	00:00:00	02:21:27	2111	01:51:46	01:50:05	02:23:08				39:28.2	Wave	1'50"/Km	1'49"/Km	
DNQ	2112	Nathan	Sikalo	Male	Elite	112	Main Race Wave Elite	-	41:02.3	00:01:34	00:01:34	00:00:00	01:49:24	2112	01:26:31	01:24:57	01:50:58				39:28.2	Wave	1'25"/Km	1'24"/Km	
DNQ	2113	Victor	Mbogo	Male	Elite	113	Main Race Wave Elite	-						2113							39:28.2	Wave			
DNQ	2114	James	Nyaga	Male	Elite	114	Main Race Wave Elite	-						2114							39:28.2	Wave			
DNQ	2115	David	Kabira	Male	Elite	115	Main Race Wave Elite	-	51:32.2	01:47:55	00:00:00	00:00:00		2115							39:28.2	Wave			
DNQ	2120	Benjamin	Juma	Male	Elite	120	Main Race Wave Elite	-	41:08.1	00:01:39	00:01:39	00:00:00	03:18:38	2120	02:54:19	02:52:39	03:20:17				39:28.2	Wave	2'34"/Km	2'33"/Km	
DNQ	2121	Victor	Brian	Male	Elite	121	Main Race Wave Elite	-	42:01.9	00:02:33	00:02:33	00:00:00	03:11:32	2121	01:19:17	01:16:43	03:14:06				39:28.2	Wave	2'29"/Km	2'27"/Km	
DNQ	2122	Timothy	Kipkosgei	Male	Elite	122	Main Race Wave Elite	-						2122							39:28.2	Wave			
DNQ	2130	Cyprian	Okeni	Male	Elite	129	Main Race Wave Elite	-	40:23.1	00:00:54	00:00:54	00:00:00	02:21:58	2130	01:09:48	01:08:53	02:22:53				39:28.2	Wave	1'50"/Km	1'49"/Km	
DNQ	2140	Antony	Waitherero	Male	Elite	139	Main Race Wave Elite	-				02:56:04		2140	02:06:31	02:06:31	02:56:04				39:28.2	Wave	2'15"/Km	2'15"/Km	
DNQ	2141	Ogada	Meso	Male	Elite	140	Main Race Wave Elite	-						2141							39:28.2	Wave			
DNQ	2143	Ikapel	Emmanuel	Male	Elite	142	Main Race Wave Elite	-				02:02:32		2143	01:36:22	01:36:22	02:02:32				39:28.2	Wave	1'34"/Km	1'34"/Km	
DNQ	2144	Gatonye	Mwaura	Male	Elite	143	Main Race Wave Elite	-						2144							39:28.2	Wave			
DNQ	2145	Mwema	Kerich	Male	Elite	144	Main Race Wave Elite	-						2145							39:28.2	Wave			
DNQ	2152	Hudson	Kimata	Male	Elite	151	Main Race Wave Elite	-	40:29.7	00:01:01	00:01:01	00:00:00	02:10:21	2152	00:50:37	00:49:35	02:11:22				39:28.2	Wave	1'41"/Km	1'40"/Km	
DNQ	2155	Austin	Muruki	Male	Elite	154	Main Race Wave Elite	-	41:41.8	00:02:13	00:02:13	00:00:00	02:57:02	2155	02:22:32	02:20:18	02:59:16				39:28.2	Wave	2'18"/Km	2'16"/Km	
DNQ	2157	Simon	Ng'ang'a	Male	Elite	156	Main Race Wave Elite	-	40:17.7	00:00:49	00:00:49	00:00:00	02:04:50	2157	01:36:26	01:35:37	02:05:40				39:28.2	Wave	1'36"/Km	1'36"/Km	
DNQ	2158	Titus	Parsitau	Male	Elite	157	Main Race Wave Elite	-				04:28:06		2158	03:55:52	03:55:52	04:28:06				39:28.2	Wave	3'26"/Km	3'26"/Km	
DNQ	2159	Patrick	Murimi	Male	Elite	158	Main Race Wave Elite	-						2159							39:28.2	Wave			
DNQ	2160	George	Owiyo	Male	Elite	159	Main Race Wave Elite	-						2160							39:28.2	Wave			
DNQ	2169	Emmanuel	Onyabu	Male	Elite	167	Main Race Wave Elite	-				02:22:36		2169	01:22:35	01:22:35	02:22:36				39:28.2	Wave	1'49"/Km	1'49"/Km	
DNQ	2177	Nelson	Ataga	Male	Elite	175	Main Race Wave Elite	-						2177							39:28.2	Wave			
DNQ	2179	Wilson	Njigua	Male	Elite	177	Main Race Wave Elite	-						2179							39:28.2	Wave			
DNQ	2180	Hempstone	Machuma	Male	Elite	178	Main Race Wave Elite	-	41:33.4	00:02:05	00:02:05	00:00:00	03:10:30	2180	02:45:07	02:43:02	03:12:35				39:28.2	Wave	2'28"/Km	2'26"/Km	
DNQ	2185	Noé	Michalon	Male	Elite	183	Main Race Wave Elite	-						2185							39:28.2	Wave			
DNQ	2191	Matthew	Kago	Male	Elite	189	Main Race Wave Elite	-	40:38.1	00:01:09	00:01:09	00:00:00	02:00:10	2191	01:26:31	01:25:21	02:01:20				39:28.2	Wave	1'33"/Km	1'32"/Km	
DNQ	2192	Joe	Maina	Male	Elite	190	Main Race Wave Elite	-	41:32.3	00:02:04	00:02:04	00:00:00	01:48:07	2192			01:50:11				39:28.2	Wave	1'24"/Km	1'23"/Km	
DNQ	2193	Brian	M Mundia	Male	Elite	191	Main Race Wave Elite	-	40:08.8	00:00:40	00:00:40	00:00:00	02:01:50	2193	01:41:48	01:41:07	02:02:30				39:28.2	Wave	1'34"/Km	1'33"/Km	
DNQ	2194	Elijah	Gary	Male	Elite	192	Main Race Wave Elite	-						2194							39:28.2	Wave			
DNQ	2208	Raphael	Mutitu	Male	Elite	206	Main Race Wave Elite	-						2208							39:28.2	Wave			
DNQ	2210	Ian	Bett	Male	Elite	208	Main Race Wave Elite	-	40:33.5	00:01:05	00:01:05	00:00:00	01:49:51	2210	01:23:16	01:22:11	01:50:57				39:28.2	Wave	1'25"/Km	1'24"/Km	
DNQ	2211	Joseph	Jira	Male	Elite	209	Main Race Wave Elite	-						2211							39:28.2	Wave			
DNQ	2213	Anthony	Kebaso	Male	Elite	211	Main Race Wave Elite	-						2213							39:28.2	Wave			
DNQ	2214	Bonface	Mecha	Male	Elite	212	Main Race Wave Elite	-						2214							39:28.2	Wave			
DNQ	2215	Kayo	Curtis	Male	Elite	213	Main Race Wave Elite	-				03:10:37		2215			03:10:37				39:28.2	Wave	2'27"/Km	2'27"/Km	
DNQ	2217	John Kimani	Kimani	Male	Elite	215	Main Race Wave Elite	-	41:30.7	00:02:02	00:02:02	00:00:00	02:33:10	2217	01:17:03	01:15:00	02:35:13				39:28.2	Wave	1'59"/Km	1'58"/Km	
DNQ	2218	Dennis	Kamunya	Male	Elite	216	Main Race Wave Elite	-						2218							39:28.2	Wave			
DNQ	2221	Mubezi	Mwesigwa	Male	Elite	219	Main Race Wave Elite	-						2221							39:28.2	Wave			
DNQ	2222	Ely	Odhiambo	Male	Elite	220	Main Race Wave Elite	-						2222							39:28.2	Wave			
DNQ	2223	Eric	Gathiru	Male	Elite	221	Main Race Wave Elite	-						2223							39:28.2	Wave			
DNQ	2224	Derrick	Onyango	Male	Elite	222	Main Race Wave Elite	-	40:29.2	00:01:01	00:01:01	00:00:00	02:28:30	2224	01:13:11	01:12:10	02:29:31				39:28.2	Wave	1'55"/Km	1'54"/Km	
DNQ	2225	Dennis	Barasa	Male	Elite	223	Main Race Wave Elite	-				03:14:23		2225			03:14:23				39:28.2	Wave	2'29"/Km	2'29"/Km	
DNQ	2226	Jesse	Bonwitt	Male	Elite	224	Main Race Wave Elite	-						2226							39:28.2	Wave			
DNQ	2228	Don	Odongo	Male	Elite	226	Main Race Wave Elite	-	41:09.2	00:01:41	00:01:41	00:00:00	03:46:30	2228	01:30:54	01:29:13	03:48:11				39:28.2	Wave	2'55"/Km	2'54"/Km	
DNQ	2232	Kevin	Wamanda	Male	Elite	230	Main Race Wave Elite	-				01:46:39		2232			01:46:39				39:28.2	Wave	1'22"/Km	1'22"/Km	
DNQ	2233	Eric	Ndungu	Male	Elite	231	Main Race Wave Elite	-						2233							39:28.2	Wave			
DNQ	2234	Martin	Kariuki	Male	Elite	232	Main Race Wave Elite	-						2234							39:28.2	Wave			
DNQ	2237	Samuel	Nderitu	Male	Elite	235	Main Race Wave Elite	-	40:10.5	00:00:42	00:00:42	00:00:00	02:01:40	2237	01:48:13	01:47:31	02:02:23				39:28.2	Wave	1'34"/Km	1'33"/Km	
DNQ	2239	Eric	Irungu	Male	Elite	237	Main Race Wave Elite	-						2239							39:28.2	Wave			
DNQ	2249	Raha	Mawazo	Male	Elite	247	Main Race Wave Elite	-	41:36.9	00:02:08	00:02:08	00:00:00	02:06:34	2249	01:44:05	01:41:56	02:08:43				39:28.2	Wave	1'39"/Km	1'37"/Km	
DNQ	2250	Benjamin	Owuor	Male	Elite	248	Main Race Wave Elite	-				03:10:59		2250			03:10:59				39:28.2	Wave	2'27"/Km	2'27"/Km	
DNQ	2251	Deric	Mathenge	Male	Elite	249	Main Race Wave Elite	-	03:52.4	01:35:35	00:00:00	00:00:00		2251	00:52:30	00:52:30				39:28.2	Wave				
DNQ	2252	Kenneth	Kamande	Male	Elite	250	Main Race Wave Elite	-				03:08:55		2252			03:08:55				39:28.2	Wave	2'25"/Km	2'25"/Km	
DNQ	2253	Urbanus	Maundu	Male	Elite	251	Main Race Wave Elite	-				03:09:52		2253			03:09:52				39:28.2	Wave	2'26"/Km	2'26"/Km	
DNQ	2256	Ronny	Mokaya	Male	Elite	254	Main Race Wave Elite	-						2256							39:28.2	Wave			
DNQ	2257	Alex	Kihia	Male	Elite	255	Main Race Wave Elite	-						2257							39:28.2	Wave			
DNQ	2258	Morris	Mwangi	Male	Elite	256	Main Race Wave Elite	-				03:10:33		2258			03:10:33				39:28.2	Wave	2'26"/Km	2'26"/Km	
DNQ	2259	Samuel	Makosa	Male	Elite	257	Main Race Wave Elite	-						2259							39:28.2	Wave			

DNQ	3025	Amit	Pandya	Male	Elite	471	Main Race Wave Elite	41:57.6	00:02:29	00:02:29	00:00:00	02:40:18	3180	01:06:57	01:04:28	02:42:47			39:28.2	Wave	2'05"/Km	2'03"/Km
DNQ	3027	Robert	Kibet	Male	Elite	473	Main Race Wave Elite	41:03.1	00:01:34	00:01:34	00:00:00	02:54:50	3182	00:58:39	00:57:04	02:56:25			39:28.2	Wave	2'16"/Km	2'14"/Km
DNQ	3030	Job	Thirimu	Male	Elite	476	Main Race Wave Elite	-					3185						39:28.2	Wave		
DNQ	3032	Desmond	Mukolwe	Male	Elite	478	Main Race Wave Elite	43:33.1	00:04:04	00:04:04	00:00:00	03:41:59	3187	01:38:34	01:34:29	03:46:04			39:28.2	Wave	2'54"/Km	2'51"/Km
DNQ	3033	Hemanshu	Contractor	Male	Elite	479	Main Race Wave Elite	40:50.0	00:01:21	00:01:21	00:00:00	02:41:01	3188	02:23:37	02:22:15	02:42:23			39:28.2	Wave	2'05"/Km	2'04"/Km
DNQ	3037	Godfrey	Nengo	Male	Elite	482	Main Race Wave Elite	-					3192						39:28.2	Wave		
RANK	Bib	Name	Surname	Gender	Category	#	Wave	Start raw time	Start net time	Start.toficial	Start.treal	Finish.treal	Tag	Split 1.toficial	Split 1.treal	Finish.toficial	Split 2.toficial	Split 2.treal	Start Time	Start Time Mode	Finish.avg	Finish.netavg
DNQ	3038	Abdallah	Yasin	Male	Elite	483	Main Race Wave Elite	-					3193						39:28.2	Wave		
DNQ	3040	Koome	Imathiu	Male	Elite	485	Main Race Wave Elite	41:12.8	00:01:44	00:01:44	00:00:00		3195	01:31:00	01:29:15				39:28.2	Wave		
DNQ	3042	Alexander	Pitkin	Male	Elite	487	Main Race Wave Elite	-					3197						39:28.2	Wave		
DNQ	3048	Andrew	Abina	Male	Elite	493	Main Race Wave Elite	-					3203						39:28.2	Wave		
DNQ	3052	David	Mithika	Male	Elite	497	Main Race Wave Elite	-					3207, 3207						39:28.2	Wave		
DNQ	3056	Duncan	Osidi	Male	Elite	501	Main Race Wave Elite	-				03:34:30	3211,			03:34:30			39:28.2	Wave	2'45"/Km	2'45"/Km
DNQ	3057	Serah	Njeri	Male	Elite	502	Main Race Wave Elite	42:20.0	00:02:51	00:02:51	00:00:00	03:26:37	3212	01:52:35	01:49:43	03:29:28			39:28.2	Wave	2'41"/Km	2'39"/Km
DNQ	3059	Lawrence	Tenai	Male	Elite	504		-					3214						-	Wave		
DNQ	3061	Samuel	Omurwa	Male	Elite	506	Main Race Wave Elite	-					3216						39:28.2	Wave		
DNQ	3062	Cosmus	Kavya	Male	Elite	507	Main Race Wave Elite	41:54.5	00:02:26	00:02:26	00:00:00	01:53:38	3217			01:56:05			39:28.2	Wave	1'29"/Km	1'27"/Km
DNQ	3066	James	Mwangi	Male	Elite	511	Main Race Wave Elite	-					3221						39:28.2	Wave		
DNQ	3068	John	Omuse	Male	Elite	513	Main Race Wave Elite	-					3223						39:28.2	Wave		
DNQ	3069	Paul	Mwirigi	Male	Elite	514	Main Race Wave Elite	41:10.2	00:01:42	00:01:42	00:00:00	02:54:24	3224	01:24:43	01:23:01	02:56:06			39:28.2	Wave	2'15"/Km	2'14"/Km
DNQ	3070	Michael	Etaie	Male	Elite	515	Main Race Wave Elite	-					3225						39:28.2	Wave		
DNQ	3077	Samuel	Gakinya	Male	Elite	522	Main Race Wave Elite	40:46.3	00:01:18	00:01:18	00:00:00	01:48:29	3232	01:26:32	01:25:14	01:49:47			39:28.2	Wave	1'24"/Km	1'23"/Km
DNQ	3079	Andu	Debebe	Male	Elite	524	Main Race Wave Elite	-					3234						39:28.2	Wave		
DNQ	3082	Mark	Opanga	Male	Elite	527	Main Race Wave Elite	-					3237						39:28.2	Wave		
DNQ	3083	Jurian	Stevens	Male	Elite	528	Main Race Wave Elite	-					3238						39:28.2	Wave		
DNQ	3084	Paul	Ngasike	Male	Elite	529	Main Race Wave Elite	39:57.6	00:00:29	00:00:29	00:00:00		3239	00:48:03	00:47:34				39:28.2	Wave		
DNQ	3085	Austine	Ouma	Male	Elite	530	Main Race Wave Elite	40:24.1	00:00:55	00:00:55	00:00:00	02:22:31	3240	00:45:51	00:44:55	02:23:27			39:28.2	Wave	1'50"/Km	1'49"/Km
DNQ	3086	Dennis	Miano	Male	Elite	531	Main Race Wave Elite	41:12.9	00:01:44	00:01:44	00:00:00		3241						39:28.2	Wave		
DNQ	3087	Isaac	Waweru	Male	Elite	532	Main Race Wave Elite	42:00.3	00:02:32	00:02:32	00:00:00	01:56:53	3242	01:30:56	01:28:24	01:59:25			39:28.2	Wave	1'32"/Km	1'30"/Km
DNQ	3089	George	Otieno	Male	Elite	534	Main Race Wave Elite	41:10.6	00:01:42	00:01:42	00:00:00	02:11:37	3244	01:49:42	01:48:00	02:13:20			39:28.2	Wave	1'42"/Km	1'41"/Km
DNQ	3093	Kennedy	Ndigia	Male	Elite	538	Main Race Wave Elite	-					3248						39:28.2	Wave		
DNQ	5273	Simon	Gatimu	Male	Elite	540	Main Race Wave Elite	40:18.3	00:00:50	00:00:50	00:00:00	01:33:32	1498	01:08:07	01:07:17	01:34:22			39:28.2	Wave	1'12"/Km	1'12"/Km
DNQ	2189	Anthony	Ademba	Male	Elite	187	Main Race Wave Elite	40:44.1	00:01:15	00:01:15	00:00:00		2189	01:10:16	01:09:00		03:29:33	03:28:17	39:28.2	Wave		
DNQ	2273	Johnstone	Kemboi	Male	Elite	271	Main Race Wave Elite	40:26.4	00:00:58	00:00:58	00:00:00		2273	00:53:18	00:52:19		01:59:04	01:58:05	39:28.2	Wave		
DNQ	2284	Abbas	Bhaiji	Male	Elite	282	Main Race Wave Elite	40:32.0	00:01:03	00:01:03	00:00:00		2284	01:07:34	01:06:30		02:32:21	02:31:17	39:28.2	Wave		

Timing chip data incomplete or inconsistent. DNQ - Does not Qualify