

CYCLISTS GUIDE 2026


Jubilee
GROUP
Live Free!
RACE

POWERED BY



BROUGHT TO YOU BY


Exigent
Limited

MILLIONS OF LIVES COVERED.

Live Free!

The Jubilee Group logo is a red circle containing the word "Jubilee" in a white, bold, sans-serif font, with the word "GROUP" in a smaller, white, bold, sans-serif font below it.

Jubilee
GROUP

The background of the advertisement is a detailed black and white sketch of a large crowd of people, many of whom are wearing headwraps and have their arms raised in celebration. A red circular highlight is placed over a man in the center of the crowd who has his arms raised and mouth open in a shout.

CALL US TODAY: 0709 949 000

LIFE & PENSION

•

HEALTH

•

ASSET MANAGEMENT

Contents

Introduction	4
Our Sponsors and Partners	10
Welcome Remarks	13
Rules and Regulations	16
Training & Safety Tips	20
What to Expect on Arrival at Uhuru Gardens	22
Race Information	23
Race Tag and Checkpoints	24
Race Village Layout	27
Route Overview	28
Main Individual & Team Race (2 Loops)	29
Para-Cycling Race	32
Black Mamba Race	33
Junior (Under-14) Race	35
Family Fun Ride	36
Traffic Diversions and Road Closures	39
Parking and Access to Uhuru Gardens	41
Services on Route	42
Emergencies and Evacuation	42
Hire a Bike	44
What to Expect at the Finish Line	45
Prize Kitty	46
Sustainability	49
Contact Information	54



INTRODUCTION

The 2026 Jubilee Live Free Race
Powered by the Grand Nairobi
Race is set to be held on **Sunday
27th of September 2026**, at the
Uhuru Gardens.



PEDAL FOR PURPOSE

RACE Pillars

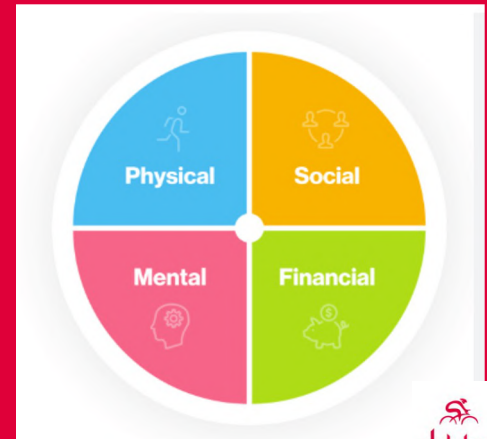
SUSTAINABILITY



PHYSICAL EMPOWERMENT



HOLISTIC WELLNESS



AT A GLANCE

2019

First ever event held by GNBR.

2022

Delivered in partnership with Jubilee Group as the title sponsor.

WHO CYCLES?



Elite Cyclists



Paracyclists



**Corporate
Teams**



Women



Family Race



Individuals



CORE MESSAGE

The Jubilee Live Free Race is **more than a cycling event**, it is a **movement**.



PURPOSE OF THE RACE

- Drive **awareness around sustainability and green living**.
- Advocate for **physical mobility inclusion**, especially for children needing prosthetic limbs through the Jubilee Children's Fund.
- Promote **cycling culture and active living**.
- Create a platform for **family bonding, inclusion, and social impact**.



KEY THOUGHT

Every pedal stroke represents:

- Freedom to *move*.
- Freedom to *overcome*.
- Freedom to *live fully*.

THE STORY SO FAR

2019	2022	2023	2024	2025	2026
Foundation Year	Regional Expansion	Global Reach	Scale & Maturity	Accelerated Growth	Outlook
500 Participants. National participation (Kenya). Inaugural event by GNBR.	1,200 participants. 11 African countries. 12 corporate partners Jubilee. Insurance joins as title sponsor.	2,000 participants. 20 countries globally. 21 corporate partners.	2,621 participants. 20 countries globally. 15 corporate sponsors.	3,387 participants. 26 corporate partners. 20 countries globally.	5,500 targeted participants.

Get the full NMG picture

Access all newspaper editions and live updates online
in **ONE SUBSCRIPTION**

PREMIUM PLUS

Get Daily Nation, Business Daily,
The EastAfrican, Taifa Leo



All brands



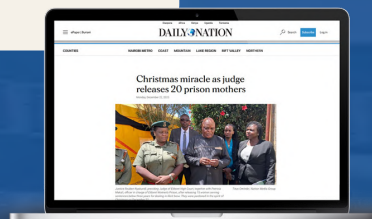
All ePapers



Live updates

FROM
Kshs. 700
per week

SCAN TO
SUBSCRIBE



SUBSCRIBE TO PREMIUM PLUS

epaper.nation.africa

DAILY NATION

Business
Daily

The EastAfrican

TAIFA
LEO

OUR SPONSORS AND PARTNERS



SMALL **BIG**-INNINGS START WITH **JUBILEE MONEY MARKET FUND (KES)**

Open your account online via: invest.jubileeinsurance.com

10.49%

EFFECTIVE ANNUAL YIELD AS AT
9TH SEPTEMBER 2026



- Start with as little as KES.100.
- Earn daily returns.
- Access your money anytime, whenever you need it

Live Free!

The Effective Annual Yield is net of fees and gross of withholding tax. The indicative rate of return shall not be guaranteed, and past performance does not guarantee future investment performance. In certain circumstances, the right to redeem units may be suspended. The Capital Markets Authority does not take responsibility for the financial soundness of the scheme or for the correctness of any statements made or opinions expressed in this regard. Jubilee Asset Management Limited is licensed as a Fund Manager by the Capital Markets Authority. **3 MONTHS AVERAGE RETURN (31ST DECEMBER 2025 TO 31ST MARCH 2026): 10.34%. AVERAGE BANK DEPOSIT RATE: 7.34% P.A. MONTH TO DATE (MTD) AVERAGE EFFECTIVE ANNUAL YIELD: 10.41% P.A. AS AT 31ST MARCH 2026.**

ASSET MANAGEMENT

THE 2026 RACE

Sunday 27th September 2026,
Uhuru Gardens

Black Mamba &
Physically challenged

39 Kms

Main Race
& Teams

77.8 Kms

Kiddies track

**(to all kids
under 5yrs)**

Family
Fun ride

21 Kms

Junior Under
14yrs

39 Kms



WELCOME REMARKS

Welcome to the **2026 Jubilee Live Free Race!**

The momentum is building as we count down to race day, bringing athletes, families, and partners together in an extraordinary celebration of community. **Nairobi, It's On!**

This year, the excitement is bigger than ever. We are thrilled to welcome a massive crowd of **5,500 expected participants** including passionate cyclists, high-energy spectators bringing the vibes, families, and partners. The spirit of the race is truly global, with proud representation from **Uganda, Italy, India, and the United Kingdom** among other countries joining us on the tracks.

More than a sporting highlight, this race is built on our core pillars: **Physical Movement & Empowerment** by inspiring active, inclusive lifestyles; **Holistic Wellness** by nurturing health, mental resilience, and connection; **Sustainability & Environmental Stewardship** by championing cleaner, greener cities; and **Social Impact** by turning stewardship into real human upliftment.

When you **Pedal for Purpose**, every turn of the wheel drives meaningful change, connecting your efforts on the road directly to real community impact.

Together, we celebrate living without barriers, embodying **Freedom to move** as we reclaim our health, streets, and potential; **Freedom to overcome** by breaking past limitations; and **Freedom to live fully** by embracing wellness and community with passion.

Thank you for bringing your energy to this shared cause. Let us ride safely, support one another, and celebrate the spirit of our city!

Nairobi, It's On!



MAKE THE IVY LEAGUE DREAM A REALITY WITH...



Faida Elimu
Insurance Plan

SMS ELIMU TO 24464

Start from as little as **KES 5,000 a month** or a **one-off deposit of KES 100,000**, while enjoying:

- ✓ Competitive returns of 12.60%
- ✓ KES 100,000 last-expense benefit
- ✓ Future deposits paid by us in the event the policyholder's life ends

12.60%

INVEST NOW

*GROSS WEIGHTED AVERAGE ANNUALIZED RETURN AS OF APRIL 2026
DISCLAIMER: THE RATE INDICATED IS GROSS OF FUND MANAGEMENT FEES

T&C's Apply


Jubilee
GROUP
Live Free!
RACE

POWERED BY



Live Free!

LIFE INSURANCE

JOIN US IN
SHAPING EAST
AFRICA'S
CYCLING &
WELLNESS
FUTURE ...


Jubilee
GROUP

Live Free!

RACE

POWERED BY


THE GRAND NAIROBI RACE

BROUGHT TO YOU BY


Exigent
Limited

RULES AND REGULATIONS

All participants are bound by the following rules. Failure to comply may result in disqualification, penalisation, or withdrawal from the race. Race Commissaires' decisions are final.

1. Helmets must be worn at all times on the race course. No racing without a helmet.
2. No team cars or team motorbikes will be allowed on the race course.
3. Competitors must be familiar with the race course.
4. Competitors must be aware of the itinerary for their race and, if necessary, travel over the course prior to the commencement of the race.
5. Competitors must not deviate from the course prescribed for their race unless specifically ordered to do so by a Commissaire, a Police Officer, or a representative of an emergency service.
6. Incorrect or misunderstood directions given by persons along the course of a road race must not be taken into account in the event of a protest regarding those directions.
7. Non-existent or badly placed course indicators, or course indicators that have been altered or removed, must not be taken into account in the event of a protest.



RULES AND REGULATIONS

8. A competitor who does not go to the turning point on an out-and-back section must withdraw from the race.
9. A competitor who has withdrawn from a race must not give pace or assistance to, or otherwise interfere with, any other competitor remaining in the race.
10. If a competitor is lapped, they are permitted to continue in the race.
11. A competitor who withdraws or is withdrawn from a race for any reason must immediately remove the racing number issued for the race to indicate withdrawal.
12. All service must be carried out on the left-hand side of the road, on the far left of the road.
13. Traffic laws must be followed at all times. A competitor who fails to obey a traffic law may be withdrawn from the race — especially **KEEP LEFT**. Each competitor must start a race from a stationary position with one foot on the ground.
14. Balancing, holding on to another competitor or object is not permitted and a competitor doing so must be penalised. Assisting a fellow competitor by pushing them uphill will lead to disqualification.
15. When a race is to be neutralised, competitors must ride at a steady pace.



RULES AND REGULATIONS

16. A competitor who holds onto or receives pace from a moving vehicle, or receives any other outside assistance, will be disqualified.
17. A competitor who rejoins a race after a repair break does not gain any time advantage on rejoining and has to complete the entire race circuit laps.
18. A competitor may receive assistance during a race to effect repairs to the bicycle or the supply of bicycle parts. A competitor who receives any non-permitted form of outside assistance will be penalised.
19. In the main race, ladies participating in all categories will be seeded first, followed by professional riders and participants from East African countries. The non-professional cyclists will be last to leave. Time spacing shall be 5 minutes' difference.
20. Slow down after the finish line – all riders must report to the finish line, even if recording a DNF (did not finish).
21. Cut-off time for all races is 1:00 PM. Riders on the course after cut-off will be swept and required to leave the road for the reopening of traffic.
22. Follow all instructions from marshals, ambulance crew, police, and race officials. They are there for your safety.

Failure to follow rules may lead to disciplinary action including refusal of a start, deduction of race points, or banning from the race. The race judges' decisions are final.



DTB Tap to pay

MORE WAYS TO PAY WITH DTB WEARABLES.

Use DTB Wearables with your **Debit or Credit Card** and enjoy transactions of up to **KES 20,000**, giving you even more flexibility with every tap.

GET YOURS TODAY



TRAINING & SAFETY TIPS

Preparation makes the podium. Use these elite-level guidelines during your final countdown to race day:



Bike Integrity Check:

Conduct a complete mechanical assessment. Test your brakes, chain tension, and tire pressure.



Hydration Loading:

Do not wait until Sunday morning to drink water. Increase your water intake 48 hours before the race.



Know Your Route & Master The Corners:

The Southern Bypass features wide, fast asphalt lanes. On sharp turns, slow down early, look through, and keep your inside pedal high (at the 12 o'clock position) to avoid striking the ground.



Keep Left and Share the Road:

The main individual race features multiple categories moving at different speeds. Always Keep Left unless you are actively overtaking.



Pace Your Ride:

One full loop is roughly **39 Kms**. If you are competing in the **Main Race (2 laps)**, conserve your energy during Lap 1. The Southern Bypass has an elevation gain of 240 meters per lap, which will test your endurance on the return climbs.



Arrive Well-Rested:

Dedicate Friday and Saturday to light spinning or rest. Aim for 8 hours of sleep on Saturday night so you can arrive at Uhuru Gardens focused, alert, and ready to ride safe.

SAVVY STILL WATER



#savvywaterke



deylineultimatesprings



info@deylinesprings.com



WHAT TO EXPECT ON ARRIVAL AT UHURU GARDENS

- Screening of vehicles and bags for all attendees.
- Guidance from stewards on where to assemble by race category.
- Ample and secure car parking within Carnivore Grounds till Race Start Time and Uhuru Gardens (for VIPs & VVIPs) subject to gate cut-off times.
- Ample and secure bike parking within Uhuru Gardens (bib number matched to bike tag).
- Fire assembly point, first-aid tents (A, B, C, D), and information desk.
- Sanitation facilities including toilets and hand-washing stations.
- Water refill stations — please bring a re-usable bottle. No single-use bottles or cups on course.
- Bag-drop and lost-and-found at the Information Desk.

Kit Collection

- All race kits shall be collected on **Saturday, 26th September 2026** only, 8:00 AM to 6:00 PM, at Uhuru Gardens.
- Your kit includes:
 - i. Race Jersey
 - ii. Water Bottle
 - iii. Draw-string Bag
 - iv. Race Number (bib) and Race Tag
- *Please come with the Email confirmation which has your **Order No.***



RACE INFORMATION

Date	Sunday, 27th September 2026
Venue	Uhuru Gardens, Nairobi, Kenya
Cut-off Time	1:00 PM (all races)
Total Road Closure	6:00 AM – 1:00 PM (Southern Bypass, Ngong Interchange to ICD)
Website	www.jubileegnbrace.com

RACE SCHEDULE

Race	Distance	Assembly	Start
Black Mamba	39 km (1 lap)	6:15 AM	6:30 AM
Para-Cycling	39 km (1 lap)	6:20 AM	6:35 AM
Junior / Under-14	39 km (1 lap)	6:25 AM	6:40 AM
Main Race – Individual	77.8 km (2 laps)	8:15 AM	8:25 AM
Main Race – Teams (3M / 3F)	77.8 km (2 laps)	8:15 AM	8:30 AM
Kiddies Race	2 km	11:20 AM	11:35 AM
Family Fun Ride	~20 km	11:40 AM	11:55 AM

Note: Distances are indicative. Full route detail (elevation, checkpoints, water stops) is provided on the following pages.

RACE TAGS

Your race number is printed on a coloured background that matches your category. Marshals use these colours to seed you at the start line and to route you at every checkpoint.

Race Category	Number Range	Race Number Colour
Junior / Under-14	001 – 999	
Main Race – Youth (15 – 23 yrs)	1001 – 1999	
Main Race – Elite (24 – 40 yrs)	2001 – 2999	
Main Race – Veterans (41 – 49 yrs)	3001 – 3999	
Main Race – Masters (50+)	4001 – 4999	
Family Fun Riders	5001 – 5999	
Black Mamba	6001 – 6999	
Para-Cycling	7001 – 7999	
Main Race – Teams	8001 – 8999	
Kiddies Race	9001 – 9999	

Main Race participants (2 laps) are timed at every checkpoint on each lap. Riders who do not reach the ICD U-turn on lap 1 by the cut-off will be marked DNF and swept from the course.

RACE CHECKPOINTS

All race participants will be subjected to checkpoints along the race course:

- Do not bend the race numbers.
- Do not tear the racing chip from the number.
- Do not expose your race tag to a magnet or heat while in storage.
- Mount race tags on the handlebars of the bike using zip ties through the punched holes provided.
- Stick the race number on the front left side of the helmet.
- Do not punch your own holes on the number tags.

There shall be 2 timing points/checkpoints for the race:

- **Checkpoint 1** – START / FINISH at Uhuru Gardens (all categories).
- **Checkpoint 2** – Ngong Road U-turn (west end of the Southern Bypass loop).

PROTECT YOUR HEALTH AS YOU LIPA POLE POLE

PAY

KES 3,256 MONTHLY*

GET

200K Inpatient Cover

& 40K Outpatient Cover

SCAN HERE TO GET A QUOTE



SMS 'Afya' to 40643

*Paid Up to 10 Months. T&C's Apply.

Jubilee
GROUP



Live Free!

HEALTH INSURANCE



THE NAIROBI WEST
HOSPITAL

POWER EVERY PEDAL.

RIDE STRONG. RIDE SAFE.



To all participants in the *Jubilee Live Free Race* —
may your ride be safe, strong and full of purpose.



*Stronger
Hearts
Go Further*

CYCLING SUPPORTS A HEALTHIER YOU



IMPROVES HEART HEALTH

Builds a stronger,
healthier heart.



BOOSTS LUNG CAPACITY

More oxygen,
more endurance.



IMPROVES BRAIN HEALTH

Builds a sharper,
healthier mind.



SUPPORTS HEALTHY WEIGHT

A stronger body,
long-term wellbeing.

OUR CARDIAC & SPECIALIST SERVICES

Expert care for your heart and beyond.



Advanced Cardiac Care

- AI Enabled CathLab
- Interventional Cardiology
- Cardiac Diagnostics



24/7 Emergency & Critical Care

Always ready.



Transplantation Services

- Kidney Transplant
- Bone Marrow Transplant



Cancer Care Centre

Diagnostics, Treatment &
Palliative care Support



Advanced Imaging

- AI Enabled MRI, CT & PET/CT
Scans

YOUR HEALTH PARTNER
ON AND BEYOND THE RACE

+254 730 600 000

+254 755 845 259

enquiry@nairobiwesthospital.com

www.nairobiwesthospital.com

Gandhi Avenue, Nairobi

@naiwesthospital

RACE VILLAGE LAYOUT



ROUTE OVERVIEW

SOUTHERN BYPASS COURSE

The race **starts and finishes** at **Uhuru Gardens** and runs out-and-back along a fully-closed section of the **Nairobi Southern Bypass**, from the Ngong Road Interchange in the west to the Inland Container Depot (ICD) turnaround in the east. The course stays on the Southern Bypass carriageway throughout — no CBD, no city roundabouts.

One lap $\approx$ 39 km | Main Race (2 laps) = 77.8 km

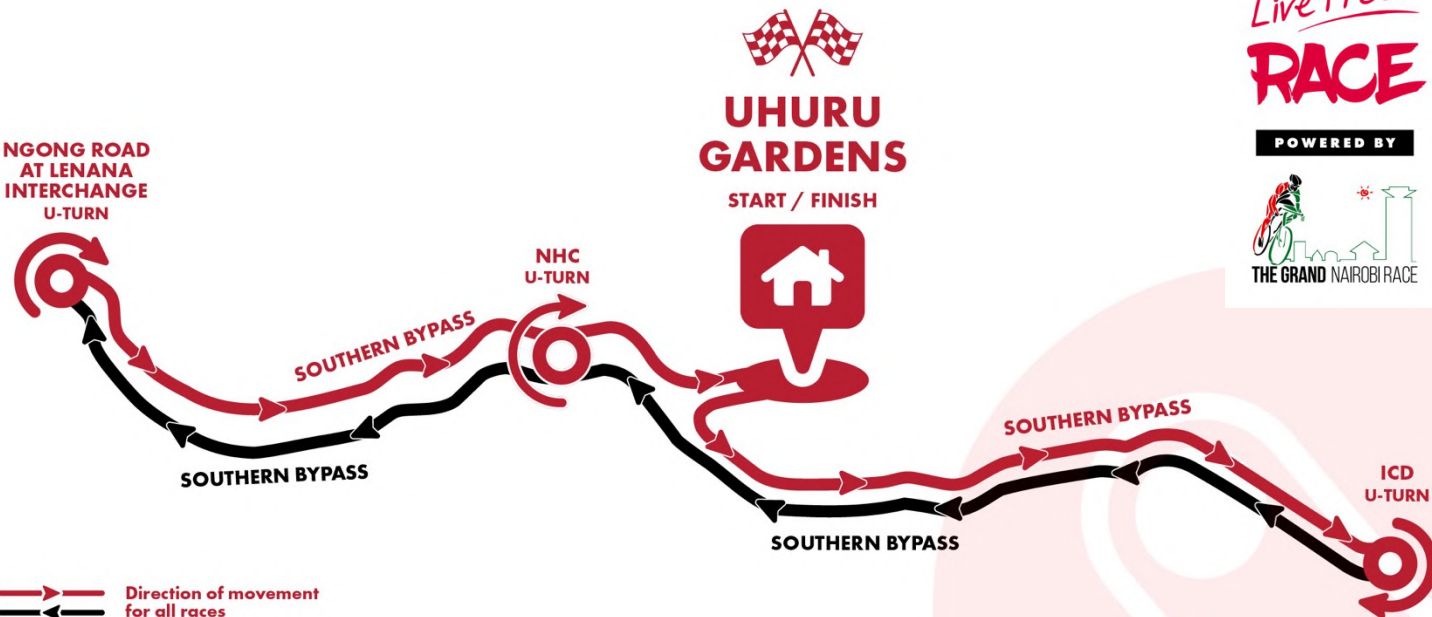
Total elevation gain per lap $\approx$ 240 m

Key points along the course:

- START / FINISH — Uhuru Gardens, off Lang'ata Road.
- ICD U-turn (east end) — Hydration, Bike Mechanic, Medical Point.
- Ngong Road U-turn (west end) — Hydration, Bike Mechanic, Medical Point.
- Race direction — Keep left, follow chevron signage at all times.
- Ambulances monitor the course throughout the entire route; mobile bike mechanics patrol both directions.

ROUTE MAP

MAIN INDIVIDUAL & TEAM RACE (2 LAPS)



Jubilee GROUP

Live Free!
RACE

POWERED BY



- Route: Uhuru Gardens → ICD U-turn → Ngong Road U-turn → back to Uhuru Gardens → ridden twice.
- Total elevation gain: ≈ 480 m over 2 laps.
- Sub-categories: Junior (up to 14), Youth (15–23), Elite (24–40), Veterans (41–49), Masters (50+).
- Ladies in all categories seeded first, followed by professional riders and East African participants; non-professional cyclists last.
- Time spacing 5 minutes.
- Team composition: 3 men + 3 women per team. Best 3 aggregate times count.
- Riders must complete both laps.
- Hydration, mechanic and medical support at both U-turn points; ambulances patrol the entire route.
- After lap 2, proceed to the START/FINISH line at Uhuru Gardens.

Distance	No. of Loops	Starting Time
77.8 km	2 full laps	Individual 8:25 AM Teams 8:30 AM Assembly 8:15 AM

RE-CHARGE
DAWA DRINK

WELLNESS
IN EVERY MILE



NATURAL . WELLNESS . RE-CHARGE



Guaranteed **85%**
Unicaf Scholarship



to study online for a
Bachelor's, Master's or PhD degree

APPLY NOW!



ROUTE MAP

PARA-CYCLING RACE



Live Free!
RACE

POWERED BY



NGONG ROAD
AT LENANA
INTERCHANGE
U-TURN

NHC
U-TURN

SOUTHERN BYPASS

ICD
U-TURN

→ Direction of movement
← for all races

Distance	No. of Loops	Starting Time
≈ 39 km	1 full lap	6:35 AM

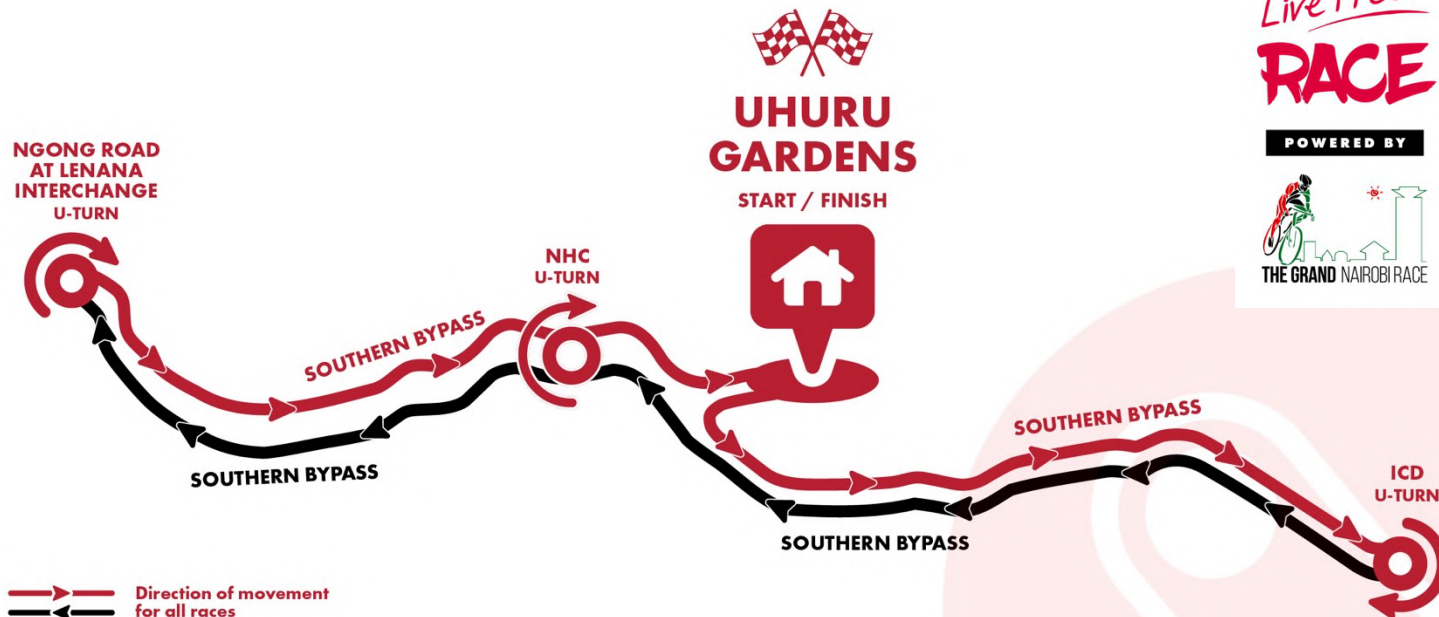
- Assembly time: 6:20 AM at Uhuru Gardens start line.
- Categories: Physically Impaired, Visually Impaired, Hearing Impaired, Neuro-Diverse.
- Dedicated Para-Cycling marshals accompany the group.
- Hydration, mechanic and medical support at both U-turn points.
- After the lap, proceed to the START/FINISH line for chip-timing capture.

ROUTE MAP

BLACK MAMBA RACE



POWERED BY



Distance	No. of Loops	Starting Time
≈ 39 km	1 full lap	6:30 AM

- Assembly time: 6:15 AM. This is the first wave to start.
 - Category open to riders 15 years and above using single-speed / heavy-frame utility bikes ('Black Mamba' class).
 - Sweeper vehicle follows the last rider.
- Please keep left and allow overtakes.
- Hydration, mechanic and medical support at both U-turn points.
 - After the lap, proceed to the START/FINISH line.



Weekly Pass: Maisha Health Club & Spa

Ksh.15,000 per person per week

Access to:

- 7-days at Maisha Health Club & Spa
- Heated swimming pool
- Fully equipped modern gym
- Sauna & steam room
- Certified expert trainers on-site
- Complimentary fresh juice bar

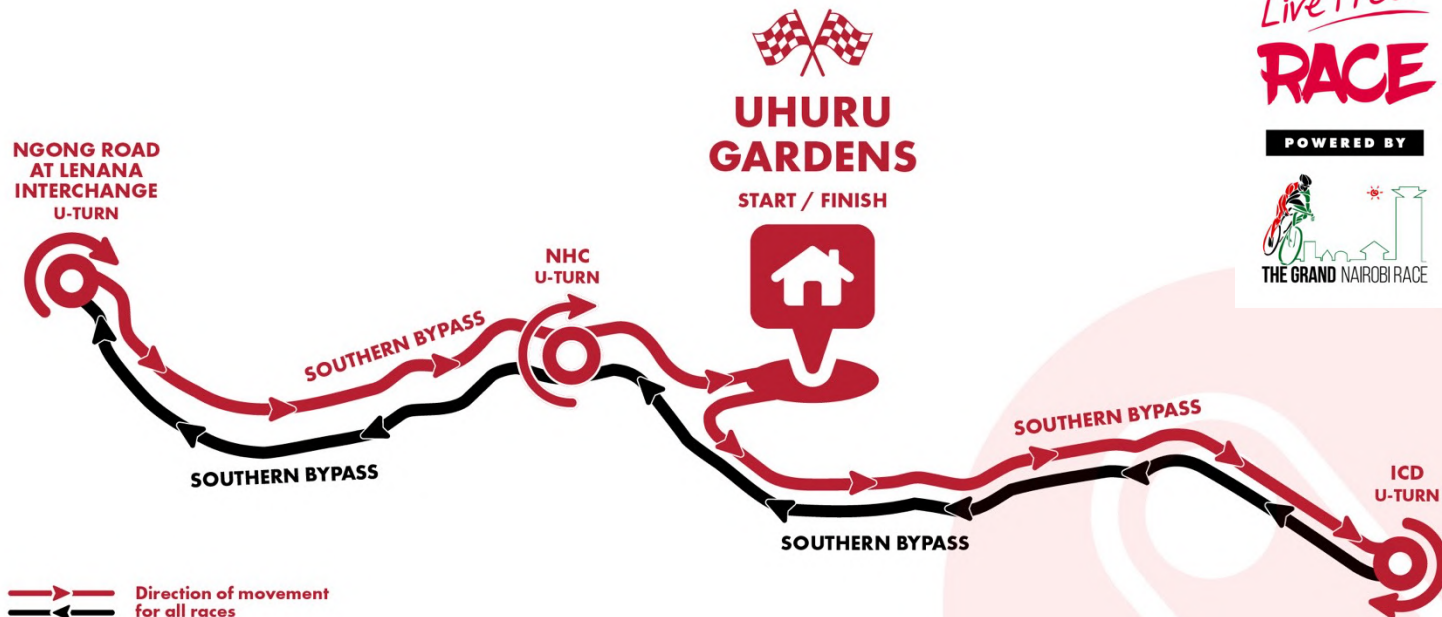
*Open Daily Monday - Friday: 5:00 AM - 10:00 PM
Weekends & Public Holidays: 6:00 AM - 9:00 PM*

● *Terms & Conditions Apply*

● **To book, call +254 732 124 477 or email maisha.nairobi@serenahotels.com**

ROUTE MAP

JUNIOR (UNDER-14) RACE



Distance	No. of Loops	Starting Time
≈ 39 km	1 full lap	6:40 AM

- Assembly time: 6:25 AM.
- 1 lap outside Uhuru Gardens section of open road that is closed to traffic.
- Open to registered riders aged 14 and below with parental/guardian consent.
- Junior riders wear a highly-visible tag colour (teal) and are seeded together.
- A dedicated support vehicle follows the group.

- Hydration, mechanic and medical support at both U-turn points.
- After the lap, proceed to the START/FINISH line.

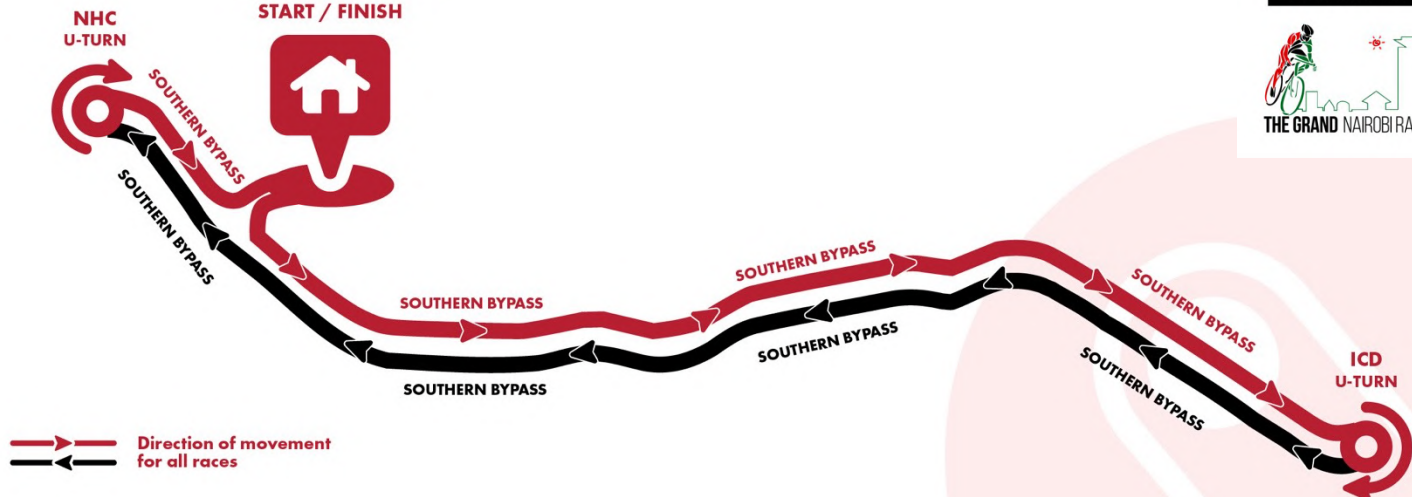


ROUTE MAP

FAMILY FUN RIDE

UHURU GARDENS

START / FINISH



Distance	No. of Loops	Starting Time
≈ 20 km	Short-form ride	11:55 AM

- Assembly time: 11:40 AM.
- Open to families riding together. Any bike type welcome. No timing chip.
- Marshalled at every junction. Water and mechanic support at the turnaround.
- Ride at a social pace — this is a celebration, not a race.
- After the ride, proceed to the START/FINISH line at Uhuru Gardens.

Jubilee GROUP

Live Free!
RACE

POWERED BY





Taste the Difference!



YOUR GO-TO **WELLNESS** APP.

Move More. Feel Better. Live Free!

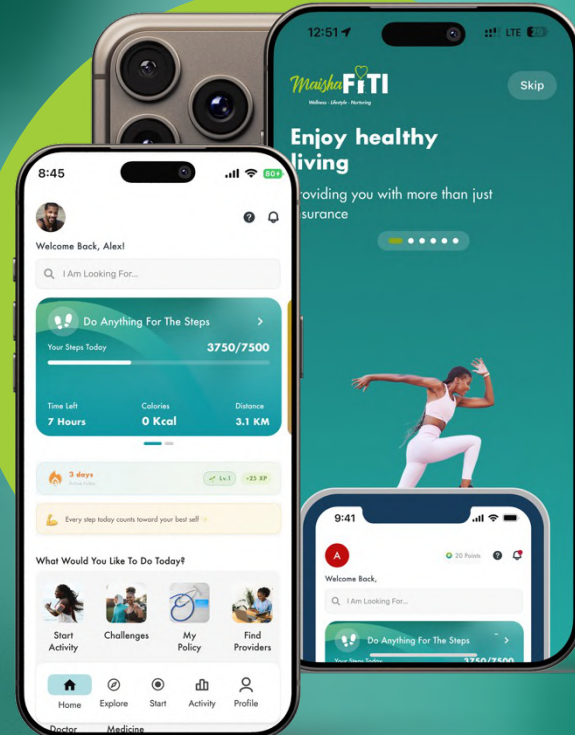
Discover exciting **challenges**, earn **rewards**, explore **articles** and **events**, access **health and fitness** tips and so much more.

Download the Maisha Fiti App to get started:



Maisha Fiti
Wellness • Lifestyle • Nurturing

Jubilee
GROUP



Live Free!

ROAD CLOSURE

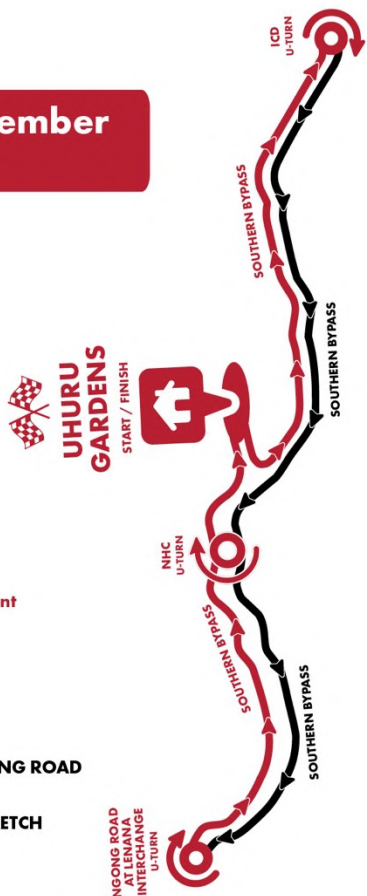
Sunday 27th September
12am - 2pm

ROUTE MAP

  Direction of movement for all races

ROADS CLOSED

SOUTHERN BYPASS | PART OF NGONG ROAD
AT LENANA INTERCHANGE |
UHURU GARDENS/CARNIVORE STRETCH



Motorist Diversions (6:00 AM – 1:00 PM):

- The table below lists only the routes that would normally use the closed stretch of Southern Bypass. If your trip does not cross this section, you are not affected.

Would normally use	Suggested Diversion
Ngong / Karen / Kikuyu → Mombasa Road / JKIA (via Southern Bypass)	Use Ngong Road → Lang'ata Road → Magadi Road → Isinya (or wait until after 1:00 PM to use the Bypass).
Mombasa Road / JKIA → Ngong / Karen / Kikuyu (via Southern Bypass)	Use Mombasa Road → Uhuru Highway → Kenyatta Avenue → Ngong Road (or wait until after 1:00 PM).
Lang'ata Road → Southern Bypass (Mombasa direction)	Continue on Lang'ata Road → Uhuru Highway → Mombasa Road.
Lang'ata Road → Southern Bypass (Ngong / Kikuyu direction)	Continue on Lang'ata Road → Ngong Road → Karen / Kikuyu.
Kibera Link Way → Southern Bypass	Use Ngong Road in place of Kibera Link Way access to the Bypass.
Ongata Rongai / Kiserian → JKIA / Mombasa Road	Use Magadi Road → Isinya → Namanga Road / Mombasa Road bypass.
ICD access from Mombasa Road side	Local access to ICD from Mombasa Road remains open; access from the Southern Bypass side is closed until 1:00 PM.



ROAD CLOSURE

TRAFFIC DIVERSION

The Nairobi Southern Bypass will be under total road closure between 6:00 AM and 1:00 PM on Sunday, 27 September 2026 — from the Ngong Road Interchange in the west to the Inland Container Depot (ICD) in the east. On- and off-ramps between these two points, and any road that feeds directly into that stretch, will be affected. All other Nairobi roads remain open and unaffected.

Closed Sections (6:00 AM – 1:00 PM):

- Southern Bypass carriageway (both directions), from Ngong Road Interchange to ICD.
- All Southern Bypass on-ramps and off-ramps between Ngong Interchange and ICD, including Lang'ata Road interchange and Mombasa Road interchange access.
- Kikuyu direction (Southern Bypass side) at Ngong Interchange.

Roads NOT affected by the closure include: Waiyaki Way, Thika Road, Muthaiga / Kiambu Road, University Way, Uhuru Highway, Kenyatta Avenue, Ngong Road (upper section, above Kibera Link Way), and the A104 Expressway.



RACE-DAY ACCESS NOTICE

Please note that Carnivore Grounds will have limited access on race day: entry closes at 6:30 AM, and exit from the grounds is only possible after 1:00 PM once the road closure lifts. Restaurant patrons and event guests are advised to plan arrivals and departures around this window.

PARKING AND ACCESS TO UHURU GARDENS

Uhuru Gardens – Main Gate

- All cyclists arriving from 06:00 Hrs enter the main entrance on Lang'ata Road.
- After 06:00 Hrs, only VIP & VVIP vehicles with stickers will be guided into the internal parking.
- Secure bike parking ONLY inside Uhuru Gardens grounds – tag matched to your race number.
- Security search on entry.
- Screening for unauthorised goods (list provided separately at the gate).
- Please do not leave valuables in vehicles. The event organisers are not liable for loss of personal items.

Carnivore Grounds – Race-Day Access

- Limited access to Carnivore Grounds on race day.
- Entry to Carnivore Grounds closes at 06:30 Hrs.
- Exit from Carnivore Grounds is only possible after 13:00 Hrs, once the Southern Bypass road closure lifts.
- Guests attending events at Carnivore should plan arrivals and departures around this window.

Access for Supporters and Families

- Entry to the public is KES 500 at Uhuru Gardens for supporters – kindly follow marshals' directions to the spectator zones.
- Pedestrian access via the main gate on Lang'ata Road throughout the morning.
- Toilets, water refill and food stalls open from 6:00 AM.

SERVICES ON THE ROUTE

Service	Provision
Bike Repair Point	Uhuru Gardens (main pit), Ngong Road U-turn, ICD U-turn; mobile bike-repair marshals patrol the Southern Bypass in both directions.
Water Points	Uhuru Gardens start/finish, Ngong Road U-turn, and ICD U-turn refill stations (bring a re-usable bottle — no single-use plastics allowed on course).
Toilets	Uhuru Gardens main venue; portable toilets at each U-turn support station.
Ambulance Services	5 ambulances (4 mobile on route, 1 stationed at Uhuru Gardens). Ambulances monitor the course throughout the entire route.
Medical Tents	4 tents (A, B, C, D) — Tent A at Uhuru Gardens finish; the remaining tents at Ngong U-turn, ICD U-turn and course mid-point.
Paramedics	≈ 15 paramedics deployed across tents and mobile units.
Marshals & Stewards	≈ 50 marshals
Traffic Police	Deployed for the total road closure (Southern Bypass, Ngong Interchange to ICD, 6:00 AM – 1:00 PM).

EMERGENCIES AND EVACUATION

In the event of an emergency, evacuations will be made to Nairobi West Hospital (primary receiving hospital). Any participant that requires to be evacuated to another hospital will bear the evacuation cost to the hospital of their choice. Ambulances will be on standby.

In an emergency on course:

- Wave down the nearest marshal, police outrider, or sweeper vehicle.
- Do not attempt to cross the closed carriageway to reach help — help will come to you.
- If you can safely move off the racing line, do so and stay on the left shoulder.
- Give clear information: your race number, your location relative to the nearest kilometre marker or roundabout, and the nature of the emergency.

Disclaimer: Where a participant is treated in a hospital other than Nairobi West Hospital, the Jubilee Live Free Race will provide first-aid on the race course but will not be responsible for the settlement of any outpatient or inpatient bills at other facilities.





Your Reliable Security Partner



- Manned Guarding
- Dog Patrol
- Event Security
- CCTV Surveillance



Contact us for more information

Tel: 020 2688100 / 0722 611 655

info@mocamsecurity.com

www.mocamsecurity.com

Amboseli Road, Lavington,
P.O. Box 5050 – 00200

HIRE A BIKE

DON'T HAVE A BIKE?
WORRY NOT — WE'VE GOT YOU.

Please find the below approved partners for bike hire ahead of race day.

Bookings recommended **at least 5 days in advance** to guarantee your frame size.

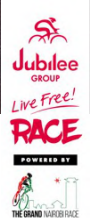
Partner	Contact
Green Cycle	+254 717 786 681
One Mobile Bike	+254 713 042 487
Menon Sports Shop	+254 713 358 228

NO RACE WITHOUT A HELMET

Ensure you come with the **right gear**.

BLACK MAMBA

Please ensure that your **Black Mamba** bicycle remains in its **original, unmodified** condition.



WHAT TO EXPECT AT THE FINISH LINE

Your race does not end at the timing mat. To maintain safety, fairness, and a high-energy post-race experience, please find the guidelines below:

- **The Slow-Down Zone:** After crossing the finish line, do not stop abruptly. Keep pedaling at a slow pace into the designated deceleration lane to prevent high-speed pile-ups.
- **Timing Chip Capture:** Roll over the final sensor mats. Your race results will be logged automatically via your handlebar transponder chip.
- **Medal Collection:** All finishers in every category will immediately receive **the Jubilee Live Free Medal**. This will be given in the race village after re (entry).
- **Medical Triage :** Located after the Finish line in the parking area where everyone does (re) entry. If you experience dizziness, severe exhaustion, or cramping, step into Medical Tent immediately for professional paramedic assistance.
- **The Race Village:** Once done with the Race, proceed to the Race Village to engage with Partners present. Take time to explore the Experiential Race Village.
- **The Awards Ceremony:** Stick around for the grand finale! Await the official awards ceremony on the main stage to see how you fared against your peers, find your final placement, and cheer on the podium winners across all categories.
- **The Energy Does Not Stop:** The celebration continues long after your ride! Head over to the main stage for an unforgettable after-party featuring live entertainment and high-energy performances by Kenya's top artists.



PRIZE KITTY

Total prize kitty in cash: KES 4 Million across all categories. Prize money is paid within 30 days of the race, subject to withholding tax and successful verification of ID and race number.

PEDAL TO THE PODIUM

MAIN RACE, JUNIOR, YOUTH, ELITE (M / F)								
Pos	Main M	Main F	Jr M	Jr F	Youth M	Youth F	Elite M	Elite F
1	100,000	100,000	15,000	15,000	35,000	35,000	35,000	35,000
2	85,000	85,000	10,000	10,000	29,000	29,000	29,000	29,000
3	60,000	60,000	9,000	9,000	23,000	23,000	23,000	23,000
4	50,000	50,000	8,000	8,000	17,000	17,000	17,000	17,000
5	45,000	45,000	7,000	7,000	12,000	12,000	12,000	12,000
6	40,000	40,000	5,000	5,000	10,000	10,000	10,000	10,000
7	35,000	35,000	4,000	4,000	9,000	9,000	9,000	9,000
8	30,000	30,000	3,000	3,000	8,000	8,000	8,000	8,000
9	20,000	20,000	2,000	2,000	7,000	7,000	7,000	7,000
10	10,000	10,000	1,000	1,000	5,000	5,000	5,000	5,000

VETERANS (41-49), MASTERS (50+), BLACK MAMBA (15+)						
Pos	Vet M	Vet F	Mas M	Mas F	BM M	BM F
1	35,000	35,000	35,000	35,000	45,000	45,000
2	29,000	29,000	29,000	29,000	40,000	40,000
3	23,000	23,000	23,000	23,000	35,000	35,000
4	17,000	17,000	17,000	17,000	30,000	30,000
5	12,000	12,000	12,000	12,000	25,000	25,000
6	10,000	10,000	10,000	10,000	20,000	20,000
7	9,000	9,000	9,000	9,000	15,000	15,000
8	8,000	8,000	8,000	8,000	10,000	10,000
9	7,000	7,000	7,000	7,000	7,000	7,000
10	5,000	5,000	5,000	5,000	5,000	5,000

TEAMS	
Pos	TEAMS M&F
1	60,000
2	50,000
3	45,000

PARA-CYCLING (WHEELCHAIR CATEGORY NOT OFFERED IN 2026)						
Pos	Phys. Imp M	Phys. Imp F	Vis. Imp M	Vis. Imp F	Hear. Imp M	Hear. Imp F
1	30,000	30,000	30,000	30,000	30,000	30,000
2	25,000	25,000	25,000	25,000	25,000	25,000
3	20,000	20,000	20,000	20,000	20,000	20,000

**27TH SEPT
2026**

UHURU GARDENS

AFTER THE RACE. WE TURN UP.

OKELLO MAX & MEJJA ARE
TAKING OVER THE STAGE.

Ksh **500**

**SPECTATOR
PRICE**

OKELLO MAX

MEJJA

There's living, and there's living free.



**Jubilee
GROUP**

Live Free!

RACE

POWERED BY



THE GRAND NAIROBI RACE

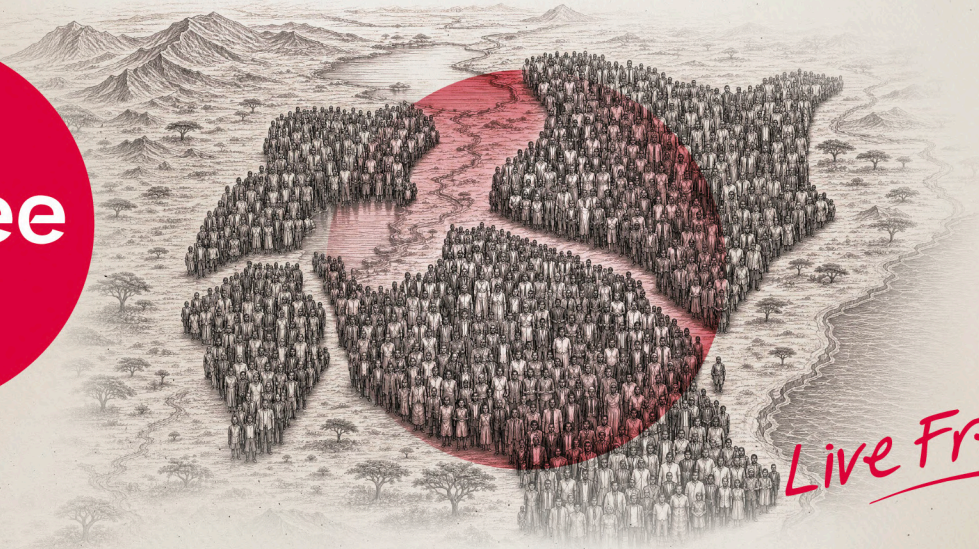
**NAIROBI
IT'S ON**



GET YOUR TICKETS

www.JubileeGNBRace.com

POWERING A GREENER, CLEANER FUTURE.



Live Free!

CALL US TODAY: 0709 949 000

LIFE & PENSION • HEALTH • ASSET MANAGEMENT

SUSTAINABILITY

OUR ESG COMMITMENTS

We are dedicated to executing a low-carbon, socially responsible, and highly transparent event. This year, we are taking definitive action across three pillars:



Environmental

- **No Single-Use Plastics:** Plastic bottles and cups are completely banned on the course. Use your race-kit reusable bottle at our refill stations.
- **Use Eco-Zones:** Littering is strictly prohibited.



Social

- **Para-Cycling & Diversity:** We are deeply proud to host dedicated categories for physically, visually, and hearing-impaired athletes, alongside neuro-diverse competitors.
- This championing of diverse abilities makes our event East Africa's most inclusive cycling event.



Governance

- **Fair Play and Integrity:** We adhere to the strict competition rules established by the Kenya Cycling Federation.
- Race Commissaires maintain final, unbiased authority over all technical disputes, and timing reviews.

Your Partners for People and Planet





THE ELECTRIC WAY TO MOVE

Electric bikes for smarter, more affordable mobility.

WHY EBEE...

- SAVE MONEY ON FUEL — JUST CHARGE AND RIDE
- BEAT TRAFFIC EASILY IN THE CITY
- STYLISH AND MODERN DESIGN
- RELIABLE BATTERY PERFORMANCE- UPTO 80KM
- IDEAL FOR LAST-MILE DELIVERY AND BUSINESS OPERATIONS

>>>
MoveSmarter



EBX

Commuting



STING

Adventure



NYUKI

Deliveries



CONTACT US:



0709 155 501



WWW.EBEE.AFRICA



CHAKA RD,
KILIMANI - NAIROBI



NAIROBI SERENA
HOTEL

KENYA

STAY & BRUNCH WEEKEND OFFER

Enjoy Sunday Brunch when you book 2 nights

Offer includes:

- Accommodation on bed & breakfast in a deluxe room.
- Complimentary in-room minibar replenished daily (mineral water, soft drinks and dry snacks).
- Enjoy a 30-minute spa massage.
- Complimentary access to Maisha Health Club & Spa, sauna, steam, and swimming in the heated pool.
- Complimentary 1-hour hotel tour showcasing Pan-African art & architecture.

Prior arrangement is encouraged.

- Late check-out (subject to availability).
- Offer applicable every Friday, Saturday, and Sunday.
- Terms & Conditions Apply.

Single: USD 200 | Ksh.26,000 per night

Double: USD 250 | Ksh.32,000 per night

Validity: 1st April - 31st December 2026



J - BIZ

SMES

**CORPORATES,
NGOS &
PARASTATALS**

J - CARE

**FROM
BIRTH**

CHILDHOOD

**WORKING
PROFESSIONAL**

FAMILY

SENIORS

J - SENIOR

J - CARE



**SCAN HERE
TO LEARN MORE**

Live Free!

HEALTH INSURANCE

CONTACT INFORMATION

ADDRESS

- **Jubilee Insurance** — Jubilee Insurance Headquarters, Kilimanjaro Rd, Upper Hill, Nairobi, Kenya
- **Exigent Limited** — MMID Studio, Westlands Road, Nairobi, Kenya

EMAIL

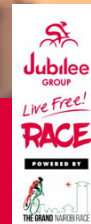
- Talk2us@jubileekenya.com
- info@grandnairobibikerace.co.ke

CALL

- +254 799 833 224
- +254 722 580 417

WEBSITE

- <https://jubileegnbrace.com>



Pork kwa plate,
Power kwa gym

PORK PAWA

Pork safi. Life safi.

In partnership with
 MINISTRY OF AGRICULTURE AND
LIVESTOCK DEVELOPMENT



Pork Meat is



AFFORDABLE



HIGH QUALITY
PROTEIN



RICH IN
SELENIUM



RICH IN
VITAMIN B1



TASTY & EASY
TO COOK

Trusted, Wholesome Nutrition For Generations

PLACE YOUR ORDER NOW | CONTACT OR WHATSAPP:

+254 705 138 176

www.farmerschoice.co.ke



Your Guarantee of Quality

SEE YOU AT THE
START LINE

NAIROBI
IT'S  N


Jubilee
GROUP

Live Free!

RACE

POWERED BY



BROUGHT TO YOU BY


Exigent
Limited